# Individuals & families

# Personal health plan agreement

For members with a health insurance policy whose policy year starts on or after 01 January 2024.





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# Welcome to William Russell

Thank **you** for choosing a health insurance policy from William Russell. **We** want to provide **you** with an policy **you** can rely on, so it is important that **you** fully understand the scope of the cover **we** provide. This **agreement** explains what is and what is not covered by **your** policy, and how **your claims** will be administered.

By taking out a health insurance policy from William Russell you have become a member of the William Russell Association for Health, Financial Protection and Well-Being (WRA), and you are eligible for cover under the WRA's contract of insurance with us.

Please take time to read this **agreement** along with **your certificate of insurance** and **application form**. Together, these documents describe **your** cover under the contract of insurance between the **WRA** and **us**.

Certain words **we** use within this **agreement** have a special meaning to which **we** would like to draw **your** attention. For example:

- 'We, us, our' means William Russell Europe SRL, on behalf of the insurer
- 'You, your' means you and all members on this policy, as shown on your certificate of insurance

These words appear in **bold** type, and **we** provide their precise meanings in the *Definitions* section of this **agreement**.

We are, of course, always at the end of a telephone to answer queries or deal with your claim. You can find our contact details below.

#### **William Russell**

William Russell Europe SRL is the administrator of your policy. William Russell Europe SRL is registered in Belgium with the Financial Services and Markets Authority (FSMA), as mandated underwriter, acting on behalf of AWP Health &Life SA (part of the Allianz group of companies).

#### Allianz

Allianz (AWP Health & Life SA, registered address at Eurosquare 2, 7 rue Dora Maar, 93400 Saint Ouen, France) is the **insurer** of **your** policy.

# Your right to cancel within the first 30 days

If you decide that your policy doesn't meet your needs, please email us your instruction to cancel your policy (including confirmation that you won't make claims). Provided we receive your instruction within 30 days of your policy start date, and provided you have made no claims, we will refund your premium in full.

If we receive your instruction to cancel your policy more than 30 days after your date of entry, the terms of our cancellation policy will apply.

Contact details	
If you have an enquiry about your policy	Phone +44 1276 486 455
	Email contact@william-russell.com
If you need to make a claim	Phone +44 1276 486 460
	Email claims@william-russell.com
	Web william-russell.com/claims
If you need to contact our 24-hour emergency medical Assistance Service	For emergency medical assistance please call the following number: +44 1243 621 155
	For non-emergencies, please contact us by email:
	Email william.russell@cegagroup.com
	Web william-russell.com/contact
If you'd like to write to us	William Russell Europe SRL Place Marcel Broodthaers, 8 1060 Saint-Gilles

# Your plan agreement

This agreement, together with your application form and your certificate of insurance, determine the terms and conditions of your cover under the master policy. The terms of this agreement apply to you and to all of your eligible dependants as stated in the schedule of members on your certificate of insurance.

# The purpose of your policy

Your policy provides you with benefit for the cost of treating eligible medical conditions which arise after your date of entry.

We will pay for the reasonable and customary costs of medically necessary treatment of medical conditions covered by your plan provided you have kept up to date with your premium payments. We will only pay for such treatment if it is received during your policy year, and—in the case of medication—only for medication prescribed for your use during your policy year.

Any reimbursement we make may be subject to an excess and/ or co-insurance, and certain benefits are subject to a benefit limit. Your excess amount will be stated on your certificate of insurance. Any co-insurance and benefit limits will be as stated in the table of benefits for your plan.

# **Underwriting your policy**

We offer three types of medical underwriting for individuals and families. The type of medical underwriting you have is stated on your certificate of insurance.

#### Full medical underwriting

When **you** apply for a policy with full **medical underwriting**, **we** ask **you** questions about the medical history of all **members** included in **your** application.

We rely on the information you supply to us in your application form when we decide whether or not to accept your application, and whether or not we need to apply special terms.

Unless we have agreed otherwise, your policy does not cover any pre-existing medical conditions or related conditions.

You must be under 76 years of age at the commencement date of your policy. You may apply for cover on behalf of your spouse or partner provided they are under 76 years of age and/or on behalf of your unmarried children provided they are aged less than 18 years old (or less than 25 years old if in continuous full-time education).

#### Moratorium underwriting

When you apply for a policy with moratorium medical underwriting, there are no medical questions in the application form and you do not need to tell us about the medical history of any members included in your application.

Rather, your policy does not cover any pre-existing medical conditions or related conditions that you knew about or for which you have experienced symptoms, sought medical advice, or received medical treatment in the two-year period before your policy started.

A pre-existing medical condition may become eligible for benefit after two years of continuous cover, provided you have not experienced symptoms, consulted a doctor, sought medical advice, received medical treatment (including routine checkups), taken medication (including injections), or been advised to follow a special diet for that pre-existing medical condition or a related condition during that two-year period.

If sound medical advice dictates that you should have consulted a doctor, sought medical advice, received medical treatment (including routine check-ups), taken medication (including injections), or been advised to follow a special diet for a pre-existing medical condition or a related condition during that two-year period, the pre-existing medical condition will not become eligible for benefit. Please do not delay receiving medical treatment or advice in order to qualify a pre-existing medical condition for benefit.

We consider any non-acute medical condition (e.g., arthritis, cancer, diabetes, epilepsy, heart disease, high blood pressure, inflammatory bowel disease, multiple sclerosis) that manifests itself in the first 6 months of your policy to be a pre-existing medical condition.

If there is any doubt whether a medical condition is a **pre-existing medical condition** or not, the decision of **our** Chief Medical Officer is final. **We** reserve the right to request a further medical opinion.

You must be under 40 years of age at the commencement date of your policy. You may apply for cover on behalf of your spouse or partner provided they are under 40 years of age and/or on behalf of your unmarried children provided they are aged less than 18 years old (or less than 25 years old if in continuous full-time education).

#### **CPME underwriting**

CPME is an abbreviation of Continued Personal Medical Exclusion. It's a type of **medical underwriting** available to members who are switching to William Russell from another recognised international insurance provider, and who have no break in cover from their previous insurance policy

The underwriting type of **your** previous insurance policy must be full **medical underwriting** or moratorium **medical underwriting**.

When **you** apply for a policy with CPME **medical underwriting**, **we** ask **you** questions about serious medical conditions and the recent the medical history of all **members** included in **your** application.

We rely on the information you supply to us in your application form when we decide whether or not to accept your application, and whether or not we need to apply special terms.

If we accept your application, we will offer you cover on continuation from your previous insurance policy with no further medical underwriting. If your previous insurance policy had full medical underwriting, we will apply any medical exclusions or premium loadings from that policy to your new policy with William Russell. If your previous insurance policy had moratorium

medical underwriting, we will give the start date of that policy to your new policy with William Russell.

You must be under 69 years of age at the commencement date of your policy. You may apply for cover on behalf of your spouse or partner provided they are under 69 years of age and/or on behalf of your unmarried children provided they are aged less than 18 years old (or less than 25 years old if in continuous full-time education).

# Omissions and changes to your state of health

If your application form omits facts or contains materially incorrect or incomplete facts, we have the right to declare your policy void. Alternatively we may impose special terms on your policy, which will apply from your date of entry.

If your state of health, or the state of health of any of your eligible dependants changes between the time you complete your application form and your date of entry, you must tell us in writing about the change, and we may only be able to accept your application with special terms.

# Commencement of your cover

Your cover will commence from the date of entry stated on your certificate of insurance. We will not commence your cover until we have accepted your application and we have received payment of your full annual, half-yearly, quarterly or monthly premium.

# Your coverage zone

The cover provided by your policy is limited to within the coverage zone stated on your certificate of insurance.

When we use the term 'emergency treatment' throughout this agreement, we mean treatment:

- · that is covered by your plan;
- that is immediately required if you suffer an accident, or if you suffer a sudden and unforeseen illness that you have never suffered from before;
- · that is not for a pre-existing medical condition; and
- that is not for a condition for which you have a personal medical exclusion.

Please also note that even if **your** policy gives **you** cover in the USA, **we** do not cover emergency medical evacuations to, from, or within the USA.

#### Zone 1

Worldwide cover, with restricted cover in the USA.

**You** have cover in the USA during **temporary trips** of up to 45 days' duration from the date on which **you** enter the USA.

While in the USA, you have cover for emergency treatment only up to US\$50,000 or £33,000 or €37,500 per policy year.

There's no limit to the number of **temporary trips you** can make to the USA.

#### Zone 2

Worldwide cover (excluding the USA), but with restricted cover in the following countries and regions:

United Kingdom, all countries in the European Economic Area, Andorra, the Channel Islands, Gibraltar, Greenland, Monaco, San Marino, Switzerland, the UAE, Singapore, Thailand (here, your cover is restricted only for treatment you receive at the Bumrungrad Hospital and Bangkok Hospital Group facilities), China, Hong Kong, Macau, Taiwan, Japan, Australia, New Zealand, Canada, and the Caribbean countries and islands.

While in any of the above countries or regions **you** have cover for **emergency treatment** only, up to US\$100,000 or £66,000 or €75,000 per **policy year**.

You have no cover at all in the USA.

#### Zone 3

Worldwide cover (excluding the USA), but with restricted cover in the following countries and regions:

China, Hong Kong, Macau, Taiwan, Japan, Singapore, Switzerland, and the **London area**.

While in any of the above countries or regions **you** have the following cover:

- 80% cover for elective, eligible treatment costs; and
- 100% cover for **emergency treatment** up to US\$100,000 or £66,000 or €75,000 per **policy year**.

Zone 3 is only available if your country of residence is Indonesia.

#### Zone 4

Full cover in Africa and the Indian Subcontinent.

While outside of Africa and the Indian Subcontinent you have cover for emergency treatment only, up to US\$100,000 or £66,000 or €75,000 per policy year.

You have no cover at all in the USA.

#### Zone 5

Full cover in **Africa** (except South Africa) and the **Indian Subcontinent**.

While outside of **Africa** or the **Indian Subcontinent** (or while in South Africa) **you** have cover for **emergency treatment** only, up to US\$100,000 or £66,000 or €75,000 per **policy year**.

You have no cover at all in the USA.

#### Zone 6

This coverage zone is not available with your policy.

# Zone 7

You have full cover in Brunei, Cambodia, Timor Leste, Indonesia, Laos, Malaysia, Myanmar, Papua New Guinea, the Philippines, and Vietnam, but no cover anywhere else.

# Additional cover in the USA

If you have a USA cover option, you will see it stated on your certificate of insurance.

#### **USA-45**

You have cover in the USA for temporary trips of up to 45 days' duration from the date on which you enter the country. Your cover ends when a trip exceeds 45 days' duration.

While in the USA, **you** have cover for eligible **treatment** and care up to US\$250,000 per **policy year**. Within this amount, **you** have the following cover:

- up to US\$100,000 for elective, eligible treatment and care costs
- up to US\$250,000 for **emergency treatment**There's no limit to the number of **temporary trips you** can make to the USA.

#### **USA-90**

You have cover in the USA for temporary trips of up to 90 days' duration from the date on which you enter the country. Your cover ends when a trip exceeds 90 days' duration.

While in the USA, **you** have cover for eligible **treatment** and care up to US\$250,000 per **policy year**. This amount includes elective **treatment**, **care** and **emergency treatment** that **you** receive.

There's no limit to the number of **temporary trips you** can make to the USA.

This option is only available to existing **members** who already have it on their policy.

# What you're covered for

The following **table of benefits** sets out the cover provided by each **plan**. The **plan you** have is as shown on **your certificate of insurance**. We will pay only for the **treatment** or services stated in the **table of benefits** relating to **your plan**.

Each benefit limit in the **table of benefits** is expressed in US dollars, sterling, and Euros. The currency of the benefit limits that **we** will apply to **your plan** is shown on **your certificate of insurance**.

The limits shown in the **table of benefits** are the maximum amounts **we** will pay after the application of any **excess** and **co-insurance**, and will be subject to the annual benefit limit and any other specified applicable benefit limits.

under general anaesthetic.

Certain benefits in the **table of benefits** specify a **waiting period**. **You** must be covered by the same **plan** for the full duration of the specified **waiting period** before **you** can **claim** for that benefit. No benefit is payable for any **treatment** costs incurred during the **waiting period**.

Wherever the term *Full cover* appears in the **table of benefits**, this means a full refund of **reasonable and customary** charges, less any **excess** or **co-insurance** applicable to **your policy**, and subject to any limits that are specified anywhere else in the **table of benefits** for the type of **treatment** or care **you** receive.

Where there is a lifetime benefit limit, this is the maximum amount we will pay in respect of that particular benefit during your lifetime.

Certain benefits in the **table of benefits** are optional. **You** are only eligible for these benefits if **you** have selected them and they are stated on **your certificate of insurance**.

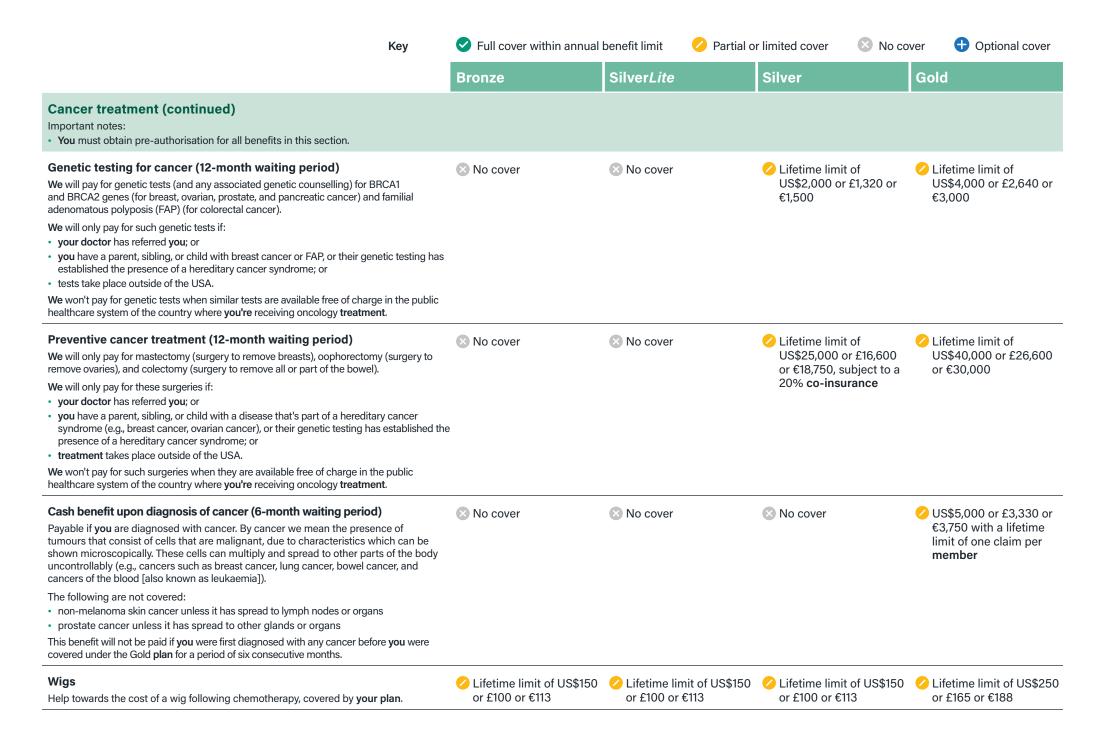
There are certain benefits in the **table of benefits** for which **you** must obtain pre-authorisation. If **you** do not obtain pre-authorisation for these benefits, **we** will only pay 80% of the **reasonable and customary** cost of **treatment**.

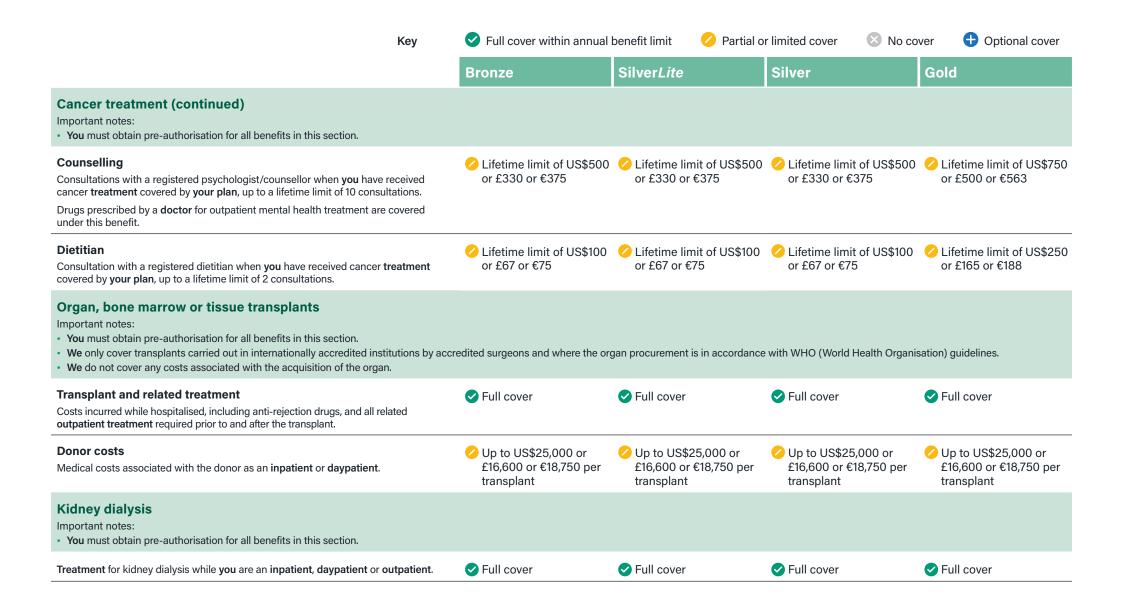
The **table of benefits** should be read in conjunction with the *What you're not covered for* section of this **agreement**.

	·			
Key	✓ Full cover within annua	l benefit limit 🕜 Partial	or limited cover	over
	Bronze	Silver <i>Lite</i>	Silver	Gold
Annual benefit limit The overall maximum limit that each member can claim during any one policy year.	US\$1,500,000 or £1,000,000 or €1,125,000	US\$1,500,000 or £1,000,000 or €1,125,000	US\$2,500,000 or £1,666,000 or €1,875,000	US\$5,000,000 or £3,333,000 or €3,750,00
Hospital costs Important notes:  You must obtain pre-authorisation for all benefits in this section.				
Hospital accommodation With cover for a private hospital room, we will pay the cost of a standard single room with an en-suite bath or shower room when you are an inpatient or daypatient.	Semi-private hospital room	Semi-private hospital room	Private hospital room	Private hospital room
With cover for a semi-private hospital room, we will pay the cost of a standard shared room with an en-suite bath or shower room when you are an inpatient or daypatient.	Private hospital room	+ Private hospital room		
Accommodation in a private hospital room is only available on the Bronze and Silver <i>Lite</i> plans if you have selected this option.				
Hospital treatment Treatment you receive while you are an inpatient or daypatient, including surgeons' and anaesthetists' and doctors' fees, nursing care, drugs and surgical dressings, operating theatre charges and intensive care, pathology, X-rays, scans, imaging tests and physiotherapy. We will also pay for pre-admission tests that you undergo on an outpatient basis for hospital treatment you are scheduled to receive that is covered by your plan.	✓ Full cover	Full cover	Full cover	Full cover
We will also pay for the <b>inpatient</b> surgical removal of impacted, buried or unerupted wisdom teeth. This is subject to a 12-month <b>waiting period</b> and covered only when the surgery is performed by a <b>doctor</b> (not a dentist) in a <b>hospital</b> (not a dental surgery) and				

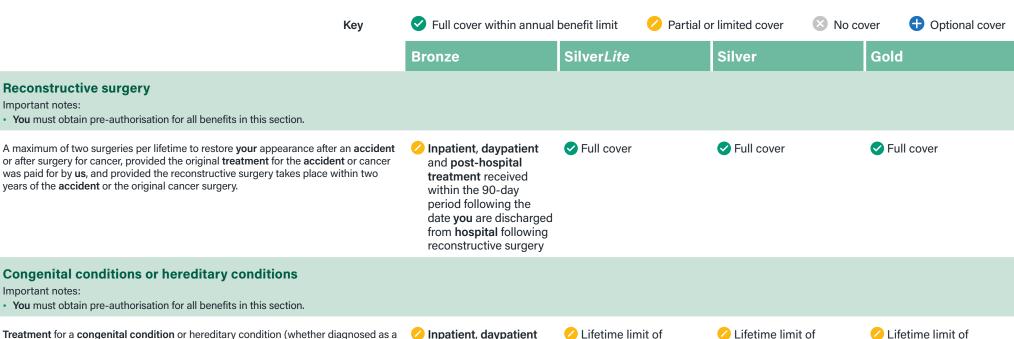
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Key	Full cover within annual	ver • Optional cover		
	Bronze	Silver <i>Lite</i>	Silver	Gold
Hospital costs (continued) Important notes:  • You must obtain pre-authorisation for all benefits in this section.				
Parent accommodation  The cost of one parent staying in hospital with a child under 18 years of age while the child is receiving eligible treatment covered by their plan.	Full cover	✓ Full cover	Full cover	Full cover
Local ambulance The cost of a local road or air ambulance if you need medically necessary hospital treatment covered by your plan. Transport must be to the nearest available and appropriate hospital and an air ambulance is only covered if there is no viable alternative	Full cover	Up to US\$1,600 or £1,065 or €1,200 per policy year	Full cover	Full cover
Hospital cash benefit Payable for each night spent in a hospital when you receive treatment eligible for cover by your plan for which no charge is made by the hospital to us. Benefit is paid for up to a maximum of 60 nights per policy year.	US\$150 or £100 or €113 per night	US\$200 or £132 or €150 per night	US\$200 or £132 or €150 per night	US\$350 or £231 or €263 per night
If you have an excess, we will not apply it to this benefit.  Advanced imaging tests  MRI and CAT (CT) scans performed on the advice of a doctor and PET scans performed on the advice of a specialist. Your medical referral letter will be required.  We will pay for one consultation only to obtain the results of the imaging test.	<b>⊘</b> Full cover	✓ Full cover	<b>⊘</b> Full cover	✓ Full cover
Cancer treatment Important notes:  You must obtain pre-authorisation for all benefits in this section.				
Cancer treatment  Cancer treatment, including chemotherapy, radiotherapy, immunotherapy, consultations, tests, scans, and drugs. We will also pay for restorative dental treatment following chemotherapy or radiotherapy.	✓ Full cover	✓ Full cover	✓ Full cover	✓ Full cover
Cancer genome tests The cost of tests to sequence the genes of cancer cells.	✓ Full cover	Full cover	Full cover	Full cover





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chronic condition or not) and treatment for any related condition.

This benefit does not extend to mental health treatment, complementary medicine or traditional Chinese medicine.

There is no cover for **congenital conditions** or hereditary conditions if, prior to commencement of **your** cover, **you** have had any abnormal signs, symptoms or test results related to the **congenital condition** or hereditary condition (whether or not a specific diagnosis has been made).

The lifetime limit shown applies irrespective of the number of **congenital conditions** and hereditary conditions.

Newborn babies may be eligible for this benefit once the congenital conditions or hereditary conditions limits have been exhausted under the *maternity costs* section of the **table of benefits**.

Inpatient, daypatient and post-hospital treatment received within the 90-day period following the date you are discharged from hospital, up to a lifetime limit of U\$\$50,000 or £33,300 or €37,500

Lifetime limit of US\$60,000 or £40,000 or €45,000

∠ Lifetime limit of US\$80,000 or £53,300 or €60,000 ∠ Lifetime limit of US\$100,000 or £66,600 or €75,000

# **HIV/AIDS** treatment

Important notes:

• You must obtain pre-authorisation for all benefits in this section.

#### (24-month waiting period)

**Treatment** arising from or related to Human Immunodeficiency Virus (HIV) and/or HIV-related illnesses, including Acquired Immune Deficiency Syndrome (AIDS) or AIDS-related complex (ARC) for a maximum period of 5 years.

We do not provide cover if the virus was contracted before your date of entry.

Inpatient and daypatient treatment only, up to US\$5,000 or £3,300 or €3,750 per policy year Up to US\$5,000 or £3,300 or €3,750 per policy year Up to US\$75,000 or £50,000 or €56,250 per policy year

Up to US\$100,000 or £66,600 or €75,000 per policy year

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	Bronze	Silver <i>Lite</i>	Silver	Gold
Mental health treatment Important notes:  You must obtain pre-authorisation for all benefits in this section.  All treatment must be administered under the direct control of a registered psychiatric.  We do not cover investigations or treatment related to phobias, hypnotherapy, postnations.		nship counselling, or psycho-geri	atric conditions including Alzheim	er's disease or dementia.
Lifetime mental health treatment limit  The overall maximum limit to the amount that you can claim for all benefits in the mental health treatment section that are covered by your plan during your lifetime.	US\$50,000 or £33,300 or €37,500	No cover	US\$75,000 or £50,000 or €56,250	US\$100,000 or £66,600 or €75,000
Inpatient and daypatient mental health treatment (12-month waiting period) Inpatient and daypatient treatment received in a recognised mental health unit of a hospital. Your cover under this benefit is subject to the lifetime mental health treatment limit above.	Up to 30 days per policy year	⊗ No cover	Cover up to the lifetime limit for mental health treatment	Cover up to the lifetime limit for mental health treatment
Outpatient mental health treatment (12-month waiting period)  Specialist mental health consultations with a registered psychiatrist or psychologist or mental health consultations with a registered counsellor when you have been referred by a doctor. Your cover under this benefit is subject to the lifetime mental health treatment limit above.	Up to 10 consultations per policy year for post-hospital treatment received within the 90-day period following the date you are discharged from hospital following inpatient or daypatient mental health treatment	No cover	Up to 10 consultations per <b>policy year</b>	Up to 10 consultations per policy year
Outpatient mental health medication (12-month waiting period)  Medication prescribed by a doctor or registered psychiatrist to treat a mental health condition. Your cover under this benefit is subject to the lifetime mental health treatment limit above.	Up to US\$500 or £333 or €375 per policy year for post-hospital treatment received within the 90-day period following the date you are discharged from hospital following inpatient or daypatient mental health treatment, subject to a 20% co-insurance	⊗ No cover	Up to US\$500 or £333 or €375 per policy year, subject to a 20% co-insurance	Up to US\$500 or £333 or €375 per policy year, subject to a 20% co-insurance

✓ Full cover within annual benefit limit

Key

Partial or limited cover

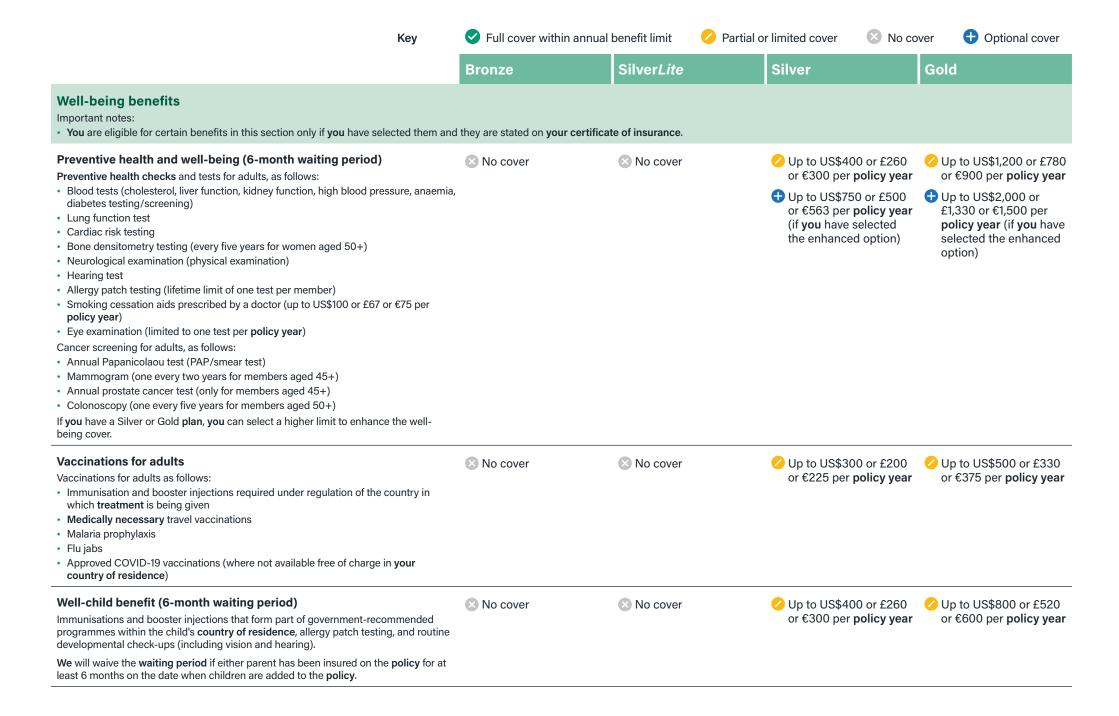
No cover

Optional cover

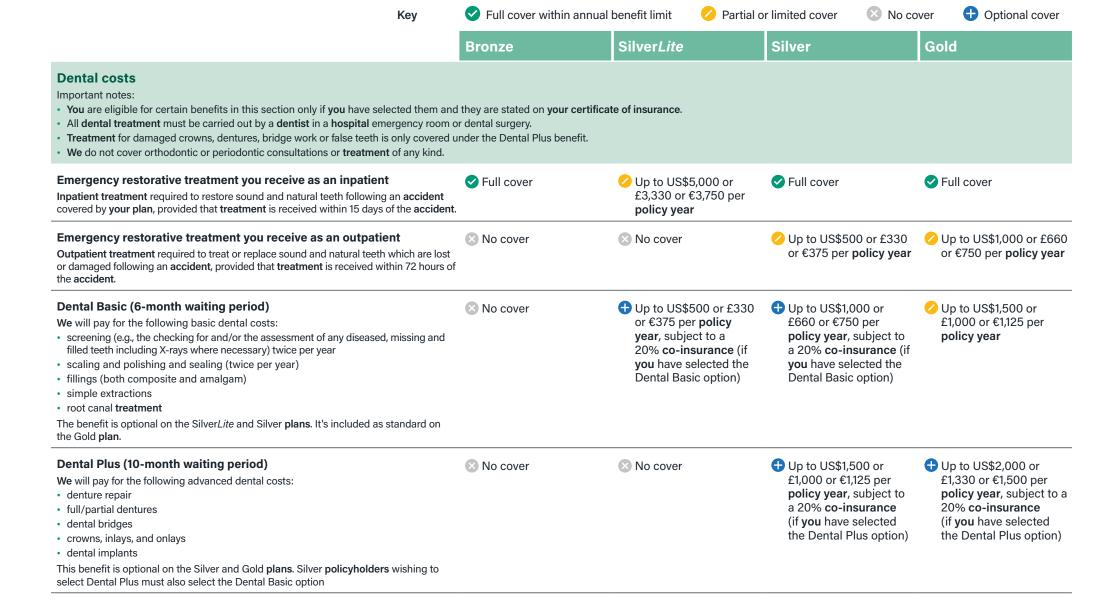
Key	Full cover within annual	benefit limit / Partial o	r limited cover 🔀 No co	ver
	Bronze	Silver <i>Lite</i>	Silver	Gold
Medical appliances				
Medical aids Supplying, fitting or hiring instruments, apparatuses or devices which are medically prescribed as a medical aid to you (e.g., crutches, wheelchairs, orthopaedic supports/braces, orthotics, stoma supplies, compression stockings) when it immediately follows inpatient, daypatient or emergency ward treatment covered by your plan.	Up to US\$250 or £160 or €188 per medical condition per policy year	⊗ No cover	Up to US\$500 or £330 or €375 per medical condition per <b>policy</b> year	Up to US\$1,000 or £660 or €750 per medical condition per policy year
We do not cover medical aids that form part of the care of a chronic condition. We do not cover unprescribed medical aids such as gym equipment, even if you have been advised to use such an aid.				
Prosthetic implants Surgically-implanted, artificial body parts necessary to replace a joint or ligament, a heart valve, the aorta or an arterial blood vessel, a sphincter muscle, the lens or cornea of the eye, or to control urinary incontinence, or to act as a heart pacemaker, or to remove excess fluid from the brain.	<b>⊘</b> Full cover	✓ Full cover	✓ Full cover	✓ Full cover
As part of this benefit, <b>we</b> will also pay for a knee brace if it is an essential part of a surgical operation for the repair to a knee ligament, and for a spinal support if it is an essential part of a surgical operation to the spine.				
Prosthetic devices  External prosthetic body parts, such as prosthetic limbs, fitted after the healing of an amputation covered by your plan.	Up to US\$500 or £330 or €375 per device	Up to US\$1,000 or £660 or €750 per device	Up to US\$1,000 or £660 or €750 per device	Up to US\$1,500 or £1,000 or €1,125 per device
Outpatient treatment				
Annual limit for outpatient treatment  The overall maximum limit to the amount you can claim for treatment you receive as an outpatient during any one policy year.	Full cover up to your annual plan limit	Up to US\$5,000 or £3,300 or €3,750 per policy year	Full cover up to your annual plan limit	Full cover up to your annual plan limit
<ul> <li>For members with a SilverLite plan:</li> <li>If you select Option A, your annual limit for outpatient treatment increases to the limit shown. Your limit for the primary medical care benefit (below) also increases to the limit shown for Option A.</li> </ul>		<b>Option A</b> Up to US\$7,500 or £5,000 or €5,625 <b>per policy year</b>		
<ul> <li>If you select Option B, your annual limit for outpatient treatment increases to the limit shown. Your limit for the primary medical care benefit (below) also increases to the limit shown for Option B.</li> <li>You are not eligible for the higher limits if you have not selected Option A or Option B.</li> </ul>		<b>Option B</b> Up to US\$10,000 or £6,600 or €7,500 per policy year		

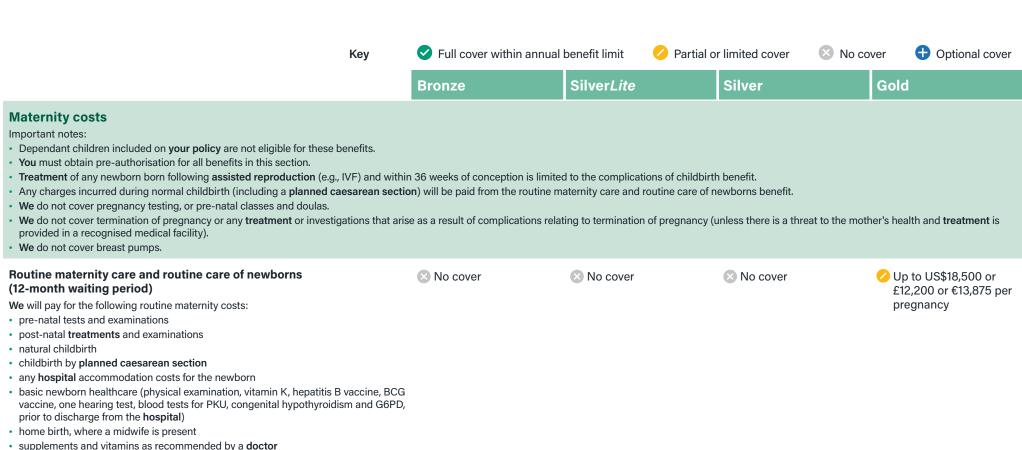
Key	Full cover within annual	benefit limit 🕜 Partial o	r limited cover 💮 No c	over
	Bronze	Silver <i>Lite</i>	Silver	Gold
Outpatient treatment (continued)				
Primary medical care  Consultations with a GP, doctor, or specialist. Consultations can be in-person or via technology (e.g., video or phone call). We do not cover home visits.  We will also pay for the following primary medical care costs:  Prescription drugs and other pharmacy costs (must be prescribed by a GP, doctor, or specialist)  Pathology  Scans  Radiology  Imaging tests  We cover COVID-19 PCR and Antigen testing are included when you have symptoms such as cough or fever or have been in close contact with someone who has tested positive for COVID-19. Tests must be prescribed by a doctor and undertaken under medical supervision in a recognised medical facility. We don't cover home testing kits. If you have a SilverLite plan and you select Option A or Option B, your annual limit for primary medical care increases to the limit shown.	Post-hospital treatment received within the 90-day period following the date you are discharged from hospital	Up to US\$1,500 or £1,000 or £1,000 or €1,125 per policy year (up to the annual limit for outpatient treatment)  Option A Up to US\$2,500 or £1,665 or €1,875 per policy year (up to the annual limit for outpatient treatment)  Option B Up to US\$3,500 or £2,310 or €2,625 per policy year (up to the annual limit for outpatient treatment)		✓ Full cover
Emergency ward treatment Emergency treatment that you have received at a hospital.	Essential and immediate treatment necessary as the result of an accident, plus one follow-up appointment with a doctor	Up to the annual limit for outpatient treatment	<b>⊘</b> Full cover	<b>⊘</b> Full cover
Outpatient surgical procedures Surgical procedures where it is not medically necessary for you to be admitted to hospital as an inpatient or daypatient.	✓ Full cover	Up to the annual limit for outpatient treatment	Full cover	Full cover
Complementary treatments Treatment by a chiropractor, osteopath, chiropodist, podiatrist, homeopath or acupuncturist on the advice of a doctor.  Your medical referral letter will be required for any treatment by a chiropractor, osteopath, chiropodist or podiatrist. If your condition is (or becomes) a chronic condition and ongoing treatment is aimed at maintaining it rather than curing it, no further payments will be made. Cover is limited to the maximum number of sessions shown per policy year in respect of all treatment types. Treatment must be performed by a medical practitioner. Medication provided by complementary therapists is not covered under this benefit.	Up to 10 sessions per policy year for post-hospital treatment received within the 90-day period following the date you are discharged from hospital	No cover	Up to 10 sessions per policy year	Up to 15 sessions per policy year

Key	Full cover within annual	benefit limit 🕜 Partial c	or limited cover	ver
	Bronze	Silver <i>Lite</i>	Silver	Gold
Outpatient treatment (continued)				
Hormone replacement therapy When prescribed by a doctor following your diagnosis with premature ovarian failure (i.e., loss of ovarian function before the age of 40).	⊗ No cover	⊗ No cover	Maximum period of 12 months from the date of diagnosis	Maximum period of 18 months from the date of diagnosis
<b>Traditional Chinese medicine</b> Cover is limited to the maximum number of <b>sessions</b> shown per <b>policy year</b> . <b>Treatment</b> must be performed by a <b>medical practitioner</b> .	⊗ No cover	⊗ No cover	Up to US\$50 or £33 or €38 per session, up to a maximum of 15 sessions	Up to US\$50 or £33 or €38 per <b>session</b> , up to a maximum of 20 <b>sessions</b>
Physiotherapy Medically necessary physiotherapy when you have been referred on the advice of your doctor to a physiotherapist who is registered to practice physiotherapy in the country where the treatment is administered. You must send us your medical referral letter in support of your claim.  After your first 6 sessions of physiotherapy, if you need more sessions you must contact us for pre-authorisation. We will write to your doctor for a medical report in order to assess your claim further. After your first 6 sessions, we will not pay for any physiotherapy that we have not pre-authorised.  If your condition is (or becomes) a chronic condition and ongoing treatment is aimed at maintaining rather than curing it, no further payments will be made.	Post-hospital treatment received within the 90-day period following the date you are discharged from hospital, up to US\$1,000 or £660 or €750 per policy year	Up to US\$250 or £165 or €188 per policy year up to the annual limit for outpatient treatment	✓ Full cover	<b>⊘</b> Full cover
Chronic conditions				
Acute flare-ups Short-term treatment to treat acute flare-ups of a chronic condition covered by your plan.	Inpatient, daypatient, and post-hospital treatment received within the 90-day period following the date you are discharged from hospital		Full cover	<b>⊘</b> Full cover
Monitoring and maintenance Regular consultations, tests, and prescribed medication required to monitor and maintain the stability of a chronic condition.	⊗ No cover	Up to the benefit limit for primary medical care	Full cover	Full cover



Key	Full cover within annual	benefit limit // Partial o	or limited cover 😢 No co	over • Optional cover
	Bronze	Silver <i>Lite</i>	Silver	Gold
Rehabilitation treatment Important notes: • You must obtain pre-authorisation for all benefits in this section.				
Rehabilitation treatment you receive when carried out under the control and supervision of a specialist in a recognised rehabilitation hospital or unit, and only when it immediately follows inpatient treatment for illness or injury covered by your plan.  Rehabilitation treatment in the form of a therapy or a combination of therapies (e.g., physical therapy, occupational therapy, speech therapy) after an acute event like a stroke. This benefit is payable only on the written recommendation of your treating specialist and when treatment begins within 30 days of your discharge from hospital.	policy year	Up to US\$2,000 or £1,330 or €1,500 per policy year	Up to US\$4,000 or £2,660 or €3,000 per policy year	Up to US\$6,000 or £4,000 or €4,500 per policy year
Home nursing costs Important notes: • You must obtain pre-authorisation for all benefits in this section.				
The medical services of a <b>qualified nurse</b> to treat <b>you</b> in <b>your</b> own home when it is <b>medically necessary</b> and relates directly to an illness or injury covered by <b>your plan</b> .	Up to US\$5,000 or £3,330 or €3,750 per medical condition per policy year	Up to US\$8,000 or £5,300 or €6,000 per medical condition per policy year	Up to US\$10,000 or £6,660 or €7,500 per medical condition per policy year	Up to US\$15,000 or £10,000 or €11,250 per medical condition per policy year
Lifetime care Important notes: • You must obtain pre-authorisation for all benefits in this section.				
Lifetime limit for all lifetime care  The overall maximum limit to the amount that you can claim for all benefits in the lifetime care section that are covered by your plan during your lifetime.	US\$25,000 or £16,600 or €18,750	US\$50,000 or £33,300 or €37,500	US\$50,000 or £33,300 or €37,500	US\$100,000 or £66,600 or €75,000
Hospice and palliative care  On diagnosis of a terminal medical condition covered by your plan, all costs for treatment received on the advice of a medical practitioner or specialist for the purpose of offering relief of symptoms. This includes all hospital or hospice accommodation, and nursing care by a qualified nurse.	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care
Artificial life maintenance  Treatment you require after you have already been on artificial life maintenance for 8 weeks.	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care
Persistent vegetative state and neurological damage  Treatment you require after you have been in hospital for 8 weeks for permanent neurological damage or if you are in a persistent vegetative state.	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care	Up to the lifetime limit for all lifetime care





Complications of childbirth (12-month waiting period)

the cost of a standard **hospital** room.

We will pay for complications experienced in childbirth, including post-partum haemorrhage, retained placental membrane, and childbirth by emergency caesarean section.

If **you** have the Gold plan and **your** childbirth necessitates an emergency surgical procedure and **you** have already exhausted the benefit for routine maternity care and routine care of newborns, you may use this benefit as additional cover for:

The limits shown for this benefit apply to each pregnancy, regardless of the number of children born. Any **hospital** or birthing centre accommodation costs will be limited to

- · surgeons, anaesthetists, and theatre fees for complex deliveries
- · additional accommodation charges incurred following a surgical procedure

If you have the Gold plan, we will also pay under this benefit for the treatment of any newborn born following assisted reproduction (e.g., IVF) when the birth occurs within 36 weeks of conception. This is subject to a maximum limit of US\$30,000 or £20,000, or €22,500.

Partial or limited cover

No cover

Optional cover

Bronze

Silver*Lite* 

Silver

Gold

## **Maternity costs (continued)**

Important notes:

- Dependant children included on your policy are not eligible for these benefits.
- You must obtain pre-authorisation for all benefits in this section.
- Treatment of any newborn born following assisted reproduction (e.g., IVF) and within 36 weeks of conception is limited to the complications of childbirth benefit.
- · Any charges incurred during normal childbirth (including a planned caesarean section) will be paid from the routine maternity care and routine care of newborns benefit.
- We do not cover pregnancy testing, or pre-natal classes and doulas.
- We do not cover termination of pregnancy or any treatment or investigations that arise as a result of complications relating to termination of pregnancy (unless there is a threat to the mother's health and treatment is provided in a recognised medical facility).
- · We do not cover breast pumps.

# Complications of pregnancy affecting the mother (12-month waiting period)

**Inpatient** or **daypatient treatment** necessary as a direct result of a complication experienced during pregnancy.

**We** will pay only for the following complications (which arise only during pregnancy): ectopic pregnancy, gestational diabetes, pre-eclampsia, miscarriage, threatened miscarriage, stillbirth, and hydatidiform mole (also known as molar pregnancy).

We do not provide cover for childbirth under this benefit.

We do not provide cover under this benefit for complications arising from a pregnancy established through assisted reproduction (e.g., IVF) until after the standard 12-week scan, irrespective of how long you've been covered by your policy.

Up to US\$4,800 or £3,200 or €3,600 per policy year Up to US\$10,000 or £6,600 or €7,500 per policy year

Up to US\$15,000 or £10,000 or €11,250 per policy year Full cover

# Treatment for congenital conditions or hereditary conditions for newborn babies

Treatment that your newborn receives for a congenital condition or hereditary condition (whether diagnosed as a chronic condition or not) and treatment for any related condition.

This benefit is subject to the following conditions:

- Your newborn must be added to your policy within 30-days of birth and any additional premium paid
- · Your newborn must have the same plan as you
- Either parent must have been insured on a Silver or Gold plan for a minimum of 12 months prior to the birth

The limits shown apply to each pregnancy, regardless of the number of children born.

No cover

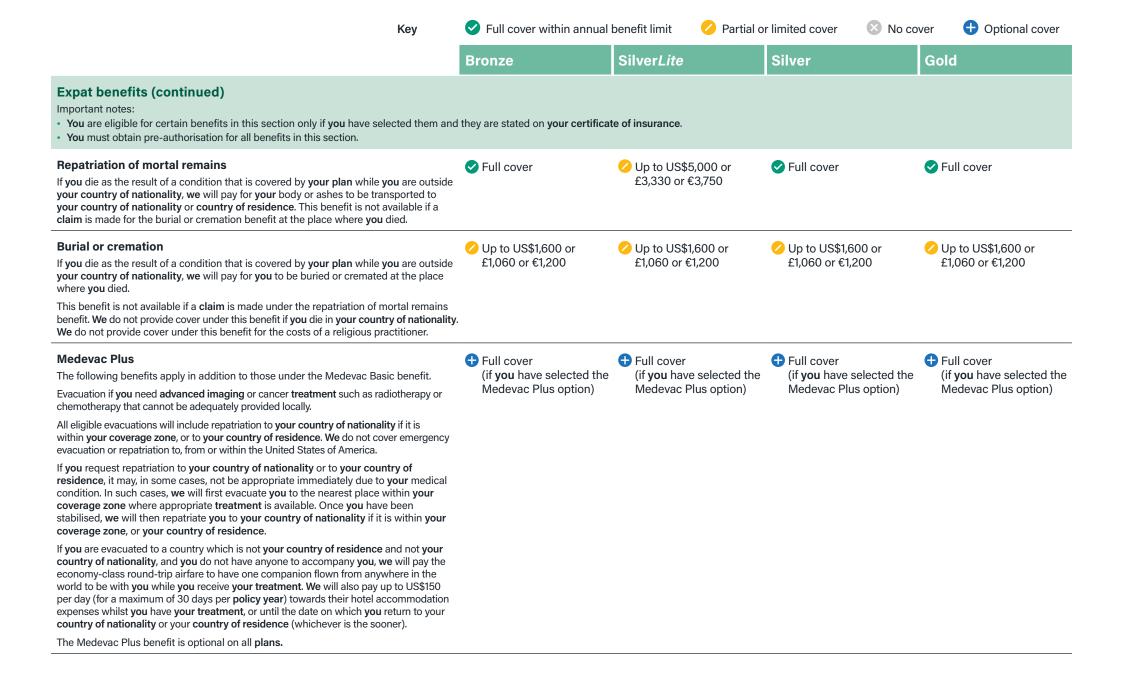
No cover

Inpatient or daypatient treatment received within the 90-day period following birth, up to US\$10,000 or £6,600 or €7,500 per pregnancy

Inpatient or daypatient treatment received within the 90-day period following birth, up to US\$100,000 or £66,600 or €75,000 per pregnancy

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Key	Full cover within annua	benefit limit // Partia	al or limited cover 🚫 No	cover
	Bronze	Silver <i>Lite</i>	Silver	Gold
Expat benefits Important notes:  • You are eligible for certain benefits in this section only if you have selected them and  • You must obtain pre-authorisation for all benefits in this section.	they are stated on your certifica	ate of insurance.		
24-hour medical assistance helpline  If you have a medical emergency which requires immediate medical assistance, you must contact our 24-hour helpline (provided by the Charles Taylor Group) at +44 (0) 1243 621 155 or william.russell@cegagroup.com.	✓ Full cover	Full cover	✓ Full cover	Full cover
Medevac Basic  If you have a life-threatening or limb-threatening condition covered by your plan which requires immediate inpatient treatment that cannot be adequately provided locally, the Assistance Service will arrange for you to be moved by air and/or by surface transportation to the nearest hospital within your coverage zone where appropriate medical treatment is available.	✓ Full cover	Full cover	✓ Full cover	Full cover
We do not cover any other costs under this benefit such as hotel accommodation charges. We do not cover emergency evacuation to, from or within the United States of America. The Assistance Service retains the absolute right to decide whether your medical condition is eligible for evacuation, where you are evacuated to, and the means and method of the evacuation.				
<b>Return airfare</b> Following an emergency evacuation covered by <b>your plan</b> , <b>we</b> will pay for <b>your</b> economy return airfare to <b>your country of residence</b> .	✓ Full cover	Full cover	Full cover	Full cover
Travel expenses of a companion  The transportation costs of another person to accompany you on your emergency evacuation, and their economy-class ticket back. If it is not possible for them to accompany you on your medical evacuation because of the method of evacuation, we will pay either for their economy-class round-trip airfare on a scheduled flight, or their suitable round-trip surface transportation, whichever is the most appropriate.	<b>⊘</b> Full cover	<b>⊘</b> Full cover	✓ Full cover	✓ Full cover
Accommodation expenses of a companion  If your companion is then staying with you while you are hospitalised following your emergency evacuation, we will pay towards the costs of their hotel accommodation (limited to a maximum of 15 nights per policy year).	Up to US\$75 or £50 or €56 per night	Up to US\$100 or £67 of £75 per night	or	Up to US\$250 or £167 or €188 per night
Compassionate home visit (12-month waiting period)  If a close family member dies during your policy year and after you have been insured by your plan for a continuous period of 12 months, we will pay for your economy-class round-trip airfare to attend the funeral. Your travel must take place within 28 days of the date of death.	Lifetime limit of one claim per member	⊗ No cover	Lifetime limit of one claim per member	Lifetime limit of one claim per member



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Кеу	Full cover within annual	benefit limit 🕜 Partial o	r limited cover 💮 No co	ver • Optional cover
	Bronze	Silver <i>Lite</i>	Silver	Gold
Accidental death benefit				
Accidental death benefit  The accidental death benefit becomes payable if a member dies as a consequence of an accidental bodily injury that is suffered during the policy year, provided that:  The plan was in full force at the time the accidental bodily injury is sustained  Death occurs within one year of the date on which accidental bodily injury is sustained  The accidental bodily injury is not caused directly or indirectly by any risk excluded in this agreement or by any special terms stated on your certificate of insurance.		No cover	No cover	US\$15,000 or £10,000 or €11,250

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# What you're not covered for

The following are not covered by **your plan**, as well as any specific exclusions stated on **your certificate of insurance**, and other exclusions stated within the **table of benefits**. Other benefits, as stated within the **table of benefits**, may also be restricted or excluded depending on **your plan**.

All conditions, tests, **treatments** or increased **treatment** costs **you** incur because of complications that occur directly or indirectly as a consequence of **treatment** of any excluded condition will also not be covered.

We will also not pay for the fees and charges listed below and you will be responsible for them:

- fees for the completion or providing of claim forms or any other medical reports or forms such as medical referral letters, even if we have requested them;
- bank charges incurred as a result of us transferring money;
- · losses you may incur due to fluctuations in exchange rates;
- charges incurred as the result of payment errors that arise as the result of you having provided us with incorrect information;
- administration, registration, or cancellation fees charged by hospitals, doctors, or other providers of medical services; and
- any charges made by your bank or credit card company.

# Accidents or injuries resulting from your failure to adhere to local motoring laws

You are not covered for accidents or injuries arising from:

- travelling in, or on, a motorised vehicle as a driver or passenger, if
  the driver does not have a valid license and insurance, as required
  by the law of the country where the accident or injury occurred;
  and
- failure to wear the relevant safety equipment, (including, but not limited to helmets and seatbelts) as required by the law of the country where the accident or injury occurred.

#### **Accidental death**

You are not covered for the accidental death benefit when your death results from:

- war, warlike activities, military action, acts of foreign hostilities (whether or not war is declared), civil war, rebellion, revolution, insurrection, usurped power, mutiny, riot, strike, martial law, state of siege, attempted overthrow of government, any acts of terrorism, murder, attempted murder, kidnap (including attempted kidnap or attempted rescue from kidnapping), or assault of any kind, anywhere in the world (irrespective of whether the member is an active participant in any of the above activities or merely an innocent bystander);
- · any illness or disease;
- food poisoning or bacterial infections (except infection which occurs through accidental cut or wound);
- · suicide, or the consequences of attempted suicide;

- intentionally self-inflicted injuries, whether sane or insane;
- intentional inhalation of gas, or intentional ingestion of poisons or drugs;
- intentionally contracted infection by bacteria or virus;
- · being under the influence of alcohol or drugs; or
- · an accident whilst participating in a hazardous activity.

# Addictive conditions or disorders, and alcohol, drug, and solvent abuse

You are not covered for treatment related to:

- addictions (such as alcohol or drug addiction) or substance abuse (such as alcohol, drug or solvent abuse);
- any illness or injury caused directly or indirectly as a result of any such abuse or addiction; or
- any illness or injury caused directly or indirectly as a result of being under the influence of any substance (such as alcohol, drugs or solvents).

# Allergy testing and/or desensitisation

You are not covered for treatment related to:

- · allergy testing by hair analysis; or
- · allergy desensitisation or food neutralising injections.

# Alternative treatment and therapies

You are not covered for alternative treatments and therapies, including, but not limited to, aqua physiotherapy, bone-setting, colonic irrigation, hydrotherapy, Intervertebral Differential Dynamics (IDD), kinesiology, naturotherapy, Ayurveda and massage therapy.

#### Artificial life maintenance

You are not covered for artificial life maintenance, other than any benefit you are eligible for in the *lifetime care* section of the table of benefits.

# Birth control, sexual problems and gender reassignment

You are not covered for treatment directly or indirectly arising from or connected with:

- contraception or sterilisation;
- · sexual problems (including impotence and decreased libido); or
- · gender reassignment

## Chemical exposure and contamination

You are not covered for investigations or treatment related to any medical conditions arising directly or indirectly from chemical contamination, radioactivity or any nuclear material whatsoever, including the combustion of nuclear fuel.

#### Circumcision

You are not covered for treatment related to circumcision, unless it is required for treatment of an acute medical condition covered by your plan.

# Commercially available substances

You are not covered for commercially available substances that can be purchased without prescription, including, but not limited to, vitamins, minerals, organic substances, moisturisers, oils, creams, or other pharmaceutical products, other than any treatment available to you under the routine maternity care and childbirth benefit in the maternity costs section of the table of benefits.

# Convalescence, rehabilitation, nursing homes, and health spas or hydros

You are not covered for:

- hospital accommodation if the reason you are hospitalised is for the purpose of convalescence, rehabilitation or supervision;
- relaxation or rest treatments, or treatments in nature cure clinics, health spas and health hydros; or
- private beds registered as nursing homes attached to such establishments or a hospital where the hospital has effectively become your home or permanent abode.

Other than **treatment you** are eligible for under the rehabilitation **treatment** benefit.

# Cosmetic surgery/treatment and the removal of healthy tissue

**You** are not covered for investigations or **treatment**, even when medically prescribed, that are related to:

- cosmetic or aesthetic treatment to enhance your appearance;
- the removal of healthy tissue, including fat, skin or breast tissue;
- · breast enlargement or reduction;
- sclerotherapy for spider veins, treatment of superficial varicose veins; or
- Botox, dermal fillers, or treatment of vitiligo or any skin pigmentation disorder.

Other than the **treatment** you are eligible for under the reconstructive surgery benefit.

# **Criminal activity**

**You** are not covered for **treatment** arising from or related to injuries sustained while **you** are engaged in a criminal, illegal or unlawful act.

#### Dietitian

You are not covered for **treatment** or advice by a dietitian or nutritionist (unless covered under **your plan** under the dietitian benefit in the *cancer treatment* section of the **table of benefits**).

# **Experimental drugs and treatments**

You are not covered for treatment or medicine which in our reasonable opinion is experimental or unproven based on generally accepted current clinical evidence and generally accepted medical practice.

## **Eyesight**

You are not covered for:

- LASIK eye surgery or any other surgical correction of shortsightedness (myopia), long-sightedness (hyperopia) or irregular-shaped cornea (astigmatism);
- any lens other than a standard mono-focal replacement lens as part of an eye operation, such as cataract surgery;
- spectacles, and other visual aids, treatment of strabismus (squint) or amblyopia (lazy eye); or
- sight tests (unless covered under your plan in the well-being benefits section of the table of benefits).

## Failure to follow medical advice

You are not covered for:

- treatment arising from or related to your unreasonable failure to seek or follow medical advice and/or prescribed treatment, or your unreasonable delay in seeking or following such medical advice and/or prescribed treatment; or
- · complications arising from ignoring such advice.

#### Foetal surgery

You are not covered for surgery undertaken on a child while it is in its mother's womb.

# Genetic testing or genetic engineering

**You** are not covered for genetic testing or genetic engineering, other than **treatment you** are eligible for under the cancer genome tests or genetic testing for cancer benefits in the *cancer treatment* section of the **table of benefits**.

# Hearing

You are not covered for:

- treatment for or arising from deafness caused by maturing or ageing;
- treatment for or arising from deafness caused by a congenital condition if either the abnormality was diagnosed, or you were showing signs or symptoms of the abnormality, before your date of entry (unless covered under your plan under the treatment for congenital conditions or hereditary conditions for newborn babies benefit in the maternity costs section of the table of benefits);
- · hearing aids; or
- hearing tests (unless covered under your plan in the well-being benefits section of the table of benefits).

## Infertility, IVF, and assisted reproduction

You are not covered for:

- · testing or diagnosis related to infertility; or
- infertility treatment, assisted reproduction (e.g., IVF treatment), including establishing pregnancy.

#### Learning and educational difficulties

**You** are not covered for learning and educational difficulties, including, but not limited to, dyslexia and speech disorders.

# Natural changes as a result of ageing

You are not covered for:

- treatment to relieve the symptoms commonly associated with physiological or natural changes as a result of ageing; (e.g., menopause or puberty);
- bone densitometry (unless covered under your plan in the wellbeing benefits section of the table of benefits); or
- reproductive hormone testing, reproductive hormone therapy or hormone replacement therapy (unless covered under your plan under the hormone replacement therapy benefit in the outpatient treatment section of the table of benefits).

#### Palliative care

You are not covered for palliative care other than cover available to you for the palliative care of a terminal medical condition in the *lifetime care* section of the table of benefits.

# Persistent vegetative state and neurological damage

You are not covered for treatment received after:

- you have been in a vegetative state for a period of eight weeks; or
- you have sustained permanent neurological damage and remained in hospital for a period of eight weeks.

Except for any **treatment you** are eligible for under the *lifetime* care section of the **table of benefits**.

# Physical development, learning difficulties, speech disorders, and behavioural problems

You are not covered for any consultations, tests required to diagnose or exclude a diagnosis, or treatment of or related to:

- · developmental delays;
- learning and education difficulties, including, but not limited to, dyslexia and speech disorders;
- behavioural problems, including, but not limited to, attention deficit disorder (ADD), attention deficit hyperactivity disorder (ADHD), autism spectrum disorder (ASD), and Tourette's syndrome;
- · physical development of any kind;
- · teething; or
- bed wetting.

# Pre-existing medical conditions or related conditions

The terms and conditions governing **pre-existing medical conditions** or **related conditions** depend on **your medical underwriting** type. The type of **medical underwriting you** have is stated on **your certificate of insurance**.

#### Full medical underwriting or CPME underwriting

You are not covered for treatment related to any pre-existing medical conditions and related conditions that you did not declare on your application form.

We rely on the information you provide us when we decide whether or not to accept your application, and whether or not we need to apply special terms. Unless we have agreed otherwise, your policy does not cover any pre-existing medical condition or related conditions.

#### Moratorium underwriting

You are not covered for treatment related to pre-existing medical conditions or related conditions that you knew about or for which you have experienced symptoms, sought medical advice, or received medical treatment in the two-year period before your policy started.

### **Preventive surgery**

You are not covered for surgery when no physical signs or symptoms are shown, or no diagnosis has been made, other than treatment you're eligible for under the cancer preventive treatment benefit in the *cancer treatment* section of the table of benefits.

# Professional sports and motorised racing as an amateur or a professional

You are not covered for treatment for an illness or injury related to:

- participation in (including training for or practising for) any kind of professional sport or professional racing (by professional, we mean sport where you are being paid to participate and/or you are receiving sponsorship or other benefits as a result of your participation); or
- participation in (including training for or practising for) any kind of racing (whether amateur or professional) which involves the use of a motorised vehicle.

# **Scalp conditions**

You are not covered for:

- treatment specifically related to scalp conditions, including, but not limited to, alopecia; or
- wigs (unless covered under your plan in the cancer treatment section of the table of benefits).

# Search and/or rescue

You are not covered for:

- search and/or rescue operations, including (but not limited to) mountain rescue, rescue from ski slopes or pistes, underground rescue, or underwater rescue; or
- evacuations from offshore installations such as oil rigs, or from any type of sea going vessel such as a ship, ferry or yacht.

### **Self-inflicted injuries**

You are not covered for treatment of self-inflicted injuries or treatment of any injury or illness directly or indirectly caused by self-inflicted injuries.

#### **Sexually-transmitted infections**

You are not covered for treatment related to sexually-transmitted infections including genital/anal warts.

#### **Sleep disorders**

You are not covered for imaging tests for or treatment of any sleep related disorder, including, but not limited to, insomnia, snoring and sleep apnoea.

# **Stem-cell harvesting**

**You** are not covered for stem cell harvesting other than prior to a stem cell transplant, or any **treatment** undertaken in anticipation of, prior to, or following such harvesting.

# **Sundry medical supplies**

You are not covered for non-prescribed items such as hot and cold packs and support bandages, unless these are required as a result of treatment received during a medical emergency.

# Temporomandibular joint (TMJ) disorders

**You** are not covered for treatment of disorders of the Temporomandibular joint (TMJ) including any **related condition**.

#### **Travel costs**

**You** are not covered for travel costs including airfares and hotel accommodation (unless covered under **your plan** in the *expat benefits* section of the **table of benefits**).

# Treatment by a related party

You are not covered for treatment provided by and/or under the control of and/or on referral from:

- any family member, including, but not limited to, a spouse, partner, parent, brother, sister, child, grand-parent, grand-child, uncle or aunt; or
- any medical services provider, medical practitioner or specialist where the member has a financial interest and/or a professional interest, including, but not limited to, employees, employers, consultants and owners.

#### War and terrorism

**You** are not covered for **treatment** arising directly or indirectly from war, foreign enemy hostility, terrorism, rebellion, civil war, revolution, military coup, riot, strike, martial law, state of siege or attempted overthrow of a government, unless **you** are an **innocent bystander**.

# Weight-related conditions and eating disorders

You are not covered for investigations or treatment related to:

- · obesity, or which is necessary because of obesity;
- weight monitoring or control, such as slimming classes, aids and drugs;
- bariatric surgery, or complications resulting from bariatric surgery; or
- eating disorders of any kind, such as anorexia nervosa or bulimia.

#### Wilful exposure to needless danger

**You** are not covered for **treatment** of any conditions arising directly or indirectly from **your** gross negligence and/or **your** wilful exposure to needless danger except in an attempt to save a human life.

# If you need to make a claim

As stated in the **table of benefits**, there are certain benefits and **treatments** for which **you** must obtain pre-authorisation.

If you need to claim for a benefit or treatment for which you must obtain pre-authorisation, you must contact us in advance of starting your treatment and give us all the information we require to assess if your proposed treatment will be eligible for cover under your plan. If your proposed treatment is eligible for cover, we will pre-authorise all eligible expenses.

# Eligible medical services providers

You have the freedom to choose when and where you receive your medical treatment within your coverage zone. Please note that we will only pay up to the reasonable and customary monetary amount which is typically charged in the country where treatment is being received.

# If you have cover for temporary trips to the USA and you seek treatment there

All **treatment you** receive in the United States of America must be pre-authorised in advance by **us** or by the **Assistance Service**. **We** will not pay for any **treatment** in the United States of America that has not been pre-authorised.

If we instruct a local agent to arrange the billing or cost adjustment of your medical expenses in the United States of America, any fees charged by the local agent will be deducted from the USA benefit limit available under your policy, as stated in the Your coverage zone section of this agreement.

# If you are admitted to hospital

All **inpatient** and **daypatient hospital treatment** must be preauthorised by **us** or by the **Assistance Service**.

Please contact us as soon as you know that you need inpatient or daypatient treatment. You must let us know that you need inpatient or daypatient treatment at least 5 days in advance of your admission. This gives us sufficient time to contact the hospital to obtain the necessary medical information.

When you contact us, we will ask you to complete a preauthorisation form and a consent form that permits the hospital to release the necessary medical information to us. Once we have received all the medical information that we require, both from the hospital and yourself (including any other information we might need), we will advise you if the proposed medical treatment will be covered by your plan.

If you contact us less than 5 days in advance of your admission, we may be unable to pre-authorise your treatment in time. This means you may have to pay for the treatment yourself and submit a claim for reimbursement to us later. In some instances, we may decline your reimbursement claim or we may subject your reimbursement claim to a 20% co-insurance.

If you are admitted to hospital in an emergency and it's not reasonably possible for you to contact us in advance of your admission, we will consider your claim provided that you contact us within 24 hours of your admission. If you do not contact us

within 24 hours, we may decline your claim or subject your claim to a 20% co-insurance.

# If you do not obtain pre-authorisation for treatment that we have specified must be pre-authorised

For eligible **treatment** which has not been pre-authorised, **we** will only reimburse 80% of the eligible costs.

# How to claim back your eligible treatment costs

If you are claiming for a medical condition, you will need to download a claim form from our website.

Please complete Section A of the claim form. If the total amount of **your claim** is likely to exceed US\$500 (or the foreign currency equivalent), please take the **claim** form with **you** when **you** visit **your doctor** and ask him or her to complete and sign Section B of the claim form.

Scan the completed **claim** form and the fully itemised invoices and receipts for the **treatment you** have received, and send to <u>claims@william-russell.com</u>.

Even if **your claim** is less than US\$500 **we** may in some cases require **your doctor** to complete and sign Section B of **your** claim form before **we** can settle **your claim**.

We can only reimburse your claim when we have fully itemised invoices and receipts which give a breakdown of the treatment and medical services you have received, and any drugs you have been prescribed.

Please retain **your** original invoices, receipts and **claim** forms for 12 months. **We** may require these for auditing purposes.

Claim forms are not required however when you are claiming for the following benefits:

- If you are claiming for the well-being benefit or dental benefit please send us the fully itemised invoices and receipts for which you are claiming reimbursement, together with your bank account details.
- If you are claiming for the compassionate home visit benefit please send us a copy of the death certificate of your close family member, together with a copy of the invoice for your round-trip airfare, stating the class of travel, and your bank account details.

# Claims for which a medical referral letter is required

If you are claiming for outpatient physiotherapy, any treatment by a chiropractor, outpatient mental health treatment, osteopath, chiropodist or podiatrist, a dietitian consultation or an MRI or CAT (CT) scan you must also send us your medical referral letter. If you are claiming for a PET scan, you must also send us your specialist's medical referral letter.

# Supplying the information required to process your claim

We can accept the information required to process your claim via email. Simply, scan in PDF format your itemised invoices, receipts, medical referral letter (when required) and your fully completed claim form and email them all to <a href="claims@william-russell.com">claims@william-russell.com</a>. Please always retain the original copies of everything for a period of 12 months as we reserve the right to receive these documents before we assess your claim. We may also require them at any time for auditing purposes. Or, you can send the information required to process your claim by post.

You must submit your claim within 6 months of your treatment date, unless it was not reasonably possible for you to submit the claim within this time. We will not pay any invoices received by us more than 12 months after the treatment date.

We will not pay fees charged by a medical practitioner, or anyone else, for completing a claim form.

# Paying your claim

Where possible we will settle invoices for inpatient or daypatient treatment direct with the hospital or medical services provider. We will deduct any excess or co-insurance amount, as well as any other ineligible items, and you will be responsible for paying the shortfall direct to the hospital or medical services provider.

If we are paying you direct, our preferred method of payment is bank transfer. If you provide us with incorrect payment details and we cannot recover the payments, we will not make the payment again to you.

We will only make payment to you or to the medical services provider that provided your treatment. Payment will not be made for treatment that has not been received yet.

If we or the Assistance Service pre-authorise costs which subsequently turn out to have been related to a condition which is not covered by your plan, you will be responsible for all the costs incurred, and if we have made any settlement on your behalf, you will be responsible for repaying to us the amount we have paid.

# Using the cashless access service

To be eligible to receive the cashless access service, **you** must have completed an application for the service and have paid any additional premium invoiced by **us**.

If you are eligible for the cashless access service this will be stated on your certificate of insurance, and you will be issued with a membership card which bears the letters *DB*. This card, together with photographic identification, will enable you to receive eligible treatment at cashless access medical services providers within our medical network. The cashless access medical services provider will bill us directly for your treatment.

If the cost of your treatment is greater than US\$500, the cashless access medical services provider will contact us for pre-authorisation of the treatment. To avoid delays, we recommend that you contact us in advance of your treatment. Once we have verified that the treatment is eligible for cover, we will let the cashless access medical services provider know.

It is important to note that the **cashless access medical services provider** is not aware of the terms and benefits provided by **your plan**. They will provide **treatment** in accordance with a separate agreement between **us** and them.

This means that, for **claims** of less than US\$500 where the **cashless access medical services provider** is not obliged to contact **us** for pre-authorisation, it is **your** responsibility to claim only for **treatment** that is eligible for cover under **your plan**.

We have an obligation to settle all bills for **treatment** received from **cashless access medical services providers** within **our medical network**, provided that they fall within the terms of the contract between **us** and them.

If you receive treatment for a medical condition that is not covered by your plan, the cashless access medical services provider will contact you to collect payment for the ineligible expenses you've claimed. We may remove cashless access from your policy, and—if you don't repay the ineligible expenses to the cashless access medical services provider within 30 days—we may not renew your policy.

If you cancel your policy, you must return your membership card to us. We will cancel your cover with effect from the date we receive your membership card. We can accept a photograph of a cut card.

The membership cards are **our** property and **we** can ask **you** to return the cards to **us** at any time.

We have the right to remove cashless access from your policy at any time within your policy year, at our discretion.

# **Exchange rates**

We will settle your claim in the currency that you pay your premium (unless you instruct us to settle it in another currency we can support).

If the invoices for **your treatment** are in a currency different from **your policy** currency, then—using exchange rates from <u>oanda.com</u>—we will:

- calculate the amount payable in your policy currency;
- deduct any excess and/or co-insurance;
- · apply any applicable benefit limits; then
- convert the amount payable into the currency in which you have asked us to pay you.

Exchange rates may fluctuate and **we** are not responsible for any losses **you** incur due to such fluctuations.

If you submit multiple invoices relating to the same claim, we will settle the invoices using the historic exchange rate from oanda.com for the date of the final invoice.

If your treatment spans two policy years, we will settle invoices for treatment received during your previous policy year at the historic exchange rate for the date of the final invoice of that policy year. We will settle subsequent invoices at the historic exchange rate for the date of the final invoice of the next policy year.

#### Excesses, co-insurance, and benefit limits

The excess shown on your certificate of insurance is the amount-each member will have to pay towards the cost of their treatment.

If your policy has an excess and the benefit you are claiming for has co-insurance or limits, we will apply the co-insurance first, then the excess, then the limit.

If your policy has an excess per claim, this is the amount you will have to pay in respect of each course of treatment you receive for each specific illness or injury. When you renew your policy, the excess applies again. If you later start a new course of treatment for the same illness or injury, we will treat course of treatment as a new claim and the excess will apply again.

If your claim is in respect of the well-being benefits, your excess will be applied once per policy year.

If your excess is per annum it will be applied once per policy year. For example, if your excess is US\$500 per annum, we will not pay for the first US\$500 of eligible expenses you incur during your policy year. We will apply one excess per policy year irrespective of the number of claims you make. You must submit all eligible claims to us - even claims within your annual excess, as we will only be able to reimburse you when the value of the eligible expenses you incur exceeds the amount of your annual excess. When you renew your policy, the annual excess will apply again in respect of your new policy year.

# Our right to request additional information

We may request additional medical information to enable us to assess your claim, such as medical reports or tests. These must be provided at your own expense. We may also request an independent medical examination. If you do not agree to supply us with additional medical information that we reasonably request, we will not be able to assess your claim.

If you require ongoing treatment we may ask for further medical information, and if we do, the cost of providing this information must be borne by you. We are unable to return original documents such as invoices or medical letters, but we will send you copies upon request.

# Our right to request a treatment review

We will not pay for treatment which in our opinion is inappropriate based on established medical and clinical practice and we are entitled to conduct a review of your treatment when it is reasonable for us to do so.

# Illness or injury caused by a third party

If you are claiming for an illness or injury that was caused by some other person or organisation (i.e., a third party) you must let us know in writing straight away, or tell us on your claim form. We will then pay benefit in accordance with the terms of this agreement provided that you take all necessary steps we ask you to take to assist us in recovering our costs from the person or organisation at fault (or their insurance company), the cost of the treatment paid for by us, plus interest, at your own expense.

If you pursue a personal claim for damages against the third party, you must provide us with the full name and address of the solicitor handling the action. We will then contact the solicitor to register our interest and seek to recover our own costs, plus interest, in addition to any damages that you may recover or be awarded. We reserve the right to appoint our own solicitor to act on your behalf in this matter and to take over the conduct of the action.

If you, or any member, are able to recover from the third party (whether or not through legal action) compensation that includes any treatment costs we have paid, you must repay that amount to us. Any interest that you or any member may also have been awarded that relates to the recovered treatment costs we have paid for must also be repaid to us. If you only receive a proportion

of **your claim** for damages then **you** must repay to **us** the same proportion of **our** costs.

# If you are covered by another insurance policy

If you have any other insurance that covers the same costs as we do, we will only pay our proportionate share of the claim. In this event, you must provide us with full details of the other insurance, including the name and address of the other insurer, their policy and claim number and any other relevant information, when you first submit your claim. We will then contact the other insurance company to ensure that we only pay our portion of the claim. This may involve us sending your personal information regarding your claim to the other insurer.

**We** will also allow sums paid by another insurer to be offset against the **excess** payable under **your** policy with **us**, subject to receiving confirmation from the other insurer of any amounts already paid by them, and subject to the **treatment** costs being eligible for cover under **your** policy with **us**.

## Making a claim under the accidental death benefit

If a **member** has a Gold **plan** and they die as a result of an accident, **you** must advise **us** about a m**ember's** death, and provide the following documentation, as soon as possible:

- An official death certificate confirming the cause of death and stating the date of death
- A medical or official certificate stating the cause and circumstances of death, and all other reports including police reports, ambulance reports and the reports of any eyewitnesses and such other documents as we may reasonably require to establish the cause of death and the circumstances of the death
- Any other medical reports or proof that we may reasonably require to enable us to assess the claim
- Identification for any beneficiaries showing date of birth, proof of life, proof of address and full bank details

# Receiving treatment in a private hospital room if you have the semi-private hospital room option

If you receive inpatient or daypatient treatment in a private room, but you have selected the semi-private hospital room option for your plan, we will apply a 20% co-insurance to your accommodation costs.

# Other information about your policy

# **Policy premiums**

Your premiums are age-related and will increase as you get older. The premiums are not guaranteed for the duration of your policy and are subject to annual review. The premiums are also dependent upon your country of residence. You must tell us if your country of residence changes.

All **premiums** are payable in advance of the **premium due date** as shown on **your** invoice. **Premiums** must be paid in the policy currency.

You may pay your premiums by the following method:

- annually by cheque or direct debit from a UK bank account, bank transfer, or an acceptable credit or debit card
- half-yearly, quarterly, or monthly by an acceptable credit or debit card, or by direct debit from a UK bank account

We can only accept direct debit payments if you have a sterling policy.

If you pay your premiums by direct debit, we will require your original, signed direct debit mandate before we can commence your policy.

If insurance **premium** tax or any similar charge is levied by the government in **your country of residence**, **you** must also pay to **us** the amount of such tax.

**Premiums** must be paid directly to **us**. If **you** pay **your premiums** to anyone else such as an intermediary or insurance broker, then that person is acting on **your** behalf as **your** agent. **We** are not responsible for any **premiums** paid to any third party.

When you provide us with your credit or debit card details or direct debit mandate you are authorising us to debit your account with the appropriate premiums due for the current policy year and for all subsequent renewal premiums due as invoiced by us, until such time as you advise us in writing that you wish to alter your payment method or cancel your policy. It is your responsibility to keep us informed about your current credit or debit card details. Provided the details we hold for you are still valid, we will automatically debit your account with your renewal premium on or before your renewal date.

#### **Unpaid or late premiums**

We will automatically cancel your cover if you fail to pay your premium on or before the premium due date, or if we are unable to collect your premium from your credit or debit card, or by direct debit for any reason.

We may allow your cover to continue without you having to complete a new application form and health declaration if you pay the outstanding premium within 30 days of the premium due date. During this 30-day period we will not accept any claims for treatment incurred on or after the premium due date until you have paid the premium due. This also applies to treatment that we have already pre-authorised.

If you do not pay your premium within 30 days of the premium due date, we will cancel your policy from midnight on the day before your premium due date. Once we have cancelled your

policy, you will have to complete a new application form which will be subject to medical underwriting.

# **Enhancing your cover**

You may apply to enhance your cover at any time by completing a new application form, and the enhanced cover will be subject to medical underwriting.

If we accept your application for enhanced cover, we will issue an invoice for the increased premium. Your enhanced cover will commence from the date we receive your premium, provided it is received within 30 days of the date of your application.

If you enhance your plan, claims in respect of benefits that are subject to a waiting period will be assessed in accordance with your former plan until the expiry of your new plan's waiting period for that benefit. For example, if you are covered by the Silver plan, and you enhance your plan to the Gold plan, any benefit payable in respect of the well-being benefits section will be restricted to the Silver plan benefit limit for the first 6 months of your Gold plan.

If you apply to reduce your excess, we will continue to apply your previous excess to any claim for any condition that first manifested itself after your original date of entry to your previous plan, but before the date your excess is reduced.

If we accept your application for enhanced cover, all conditions that existed prior to the date on which your cover is enhanced will be restricted to the level of cover that you held immediately prior to that date (even if you have in the past held a higher level of cover).

#### Reducing your cover

If you wish to reduce the cover under your policy in any way, you must tell us in writing and we will make the change from your next renewal date only.

We may refuse any request to change your excess to a per annum basis.

If you wish to cancel the optional Dental Basic, Dental Plus or Medevac Plus benefits, they will be cancelled for all members on your policy.

#### Changing your policy currency

Once cover under **your** policy has commenced, **you** cannot change **your** policy currency.

However you can cancel your policy and apply for a new policy. You will have to complete a new application form which will be subject to medical underwriting.

# Adding dependants to your policy

You may apply for cover on behalf of your spouse or partner, provided they are under 76 years of age on their date of entry.

You may also apply for cover for your eligible dependant children provided they are under 18 years old, or under 25 years old if they are in continuous full-time education. We reserve the right to request proof of a child being in full-time education.

We will not commence cover for a new eligible dependant until we have accepted their application and we have received payment of their premium.

# Adding newborns to your policy

You may add your newborn to your policy, without any medical underwriting, and their date of entry can be backdated to birth, provided:

- · you notify us of their full name and date of birth
- you pay the additional premium required, within 30 days of their date of birth
- you have been insured with us for a continuous period of twelve months or more at the date of birth

The newborn's cover will be restricted to the cover provided by **vour plan.** 

A new application and medical underwriting will be required if:

- you do not pay the additional premium within 30 days of their date of birth
- you have not been insured with us for a continuous period of twelve months or more at the date of birth
- your newborns has been born as a result of assisted reproduction treatment and born within 36 weeks of conception
- · you apply for increased cover for your child

For all newborns **you** wish to add to **your** policy, **we** will require a copy of the newborn's birth certificate.

# Adding a baby born by surrogacy, or adding an adopted/fostered child, to your policy

If you apply to add to your policy a baby born by surrogacy, or a child you have adopted or fostered, we will only consider their application once you have completed all legalities. We will need to see all relevant legal documents alongside a completed application form. The child must also reside with you, in the country of residence of the policyholder (as stated on the certificate of insurance).

We subject all such applications to full medical underwriting, and their cover will only commence once we have received the additional premium following our acceptance of the application. For children under 3 months old, we require a copy of their hospital birth discharge report.

### In the event of the death of a member

If you (the policyholder) die, provided no claim has been made on your policy, we will refund any unused premium from your date of death.

If you (the policyholder) have eligible dependants insured under your policy, as the contract is between us and you as the policyholder, we will have to transfer your eligible dependants on to their own policy.

To enable **us** to do this **we** will require a new **application form** which must be completed and returned to **us** within 30 days of **your** date of death. Provided **we** receive the new **application form**, and provided **premiums** continue to be paid up to date, **we** will continue their cover as before.

If your eligible dependants want to continue with cover that is increased in any way in comparison to their previous cover,

they will have to complete a new **application form** and this new **application** will be subject to **medical underwriting**.

If your eligible dependants are under the age of 18, their legal guardian will have to sign the application form as the policyholder on their behalf.

If an insured **eligible dependant** dies, please inform **us** as soon as possible. If they have made no **claim** on their policy, any **unused premium** from their date of death will be refunded. However if the deceased **member** had made a **claim**, no **premium** refund will be made.

# **Divorce and separation**

If you (the policyholder) have your spouse or partner included under your policy and you become separated or divorced, we will have to transfer your insured spouse or partner on to their own policy. To enable us to do this we will require your spouse or partner to complete a new application form which must be completed and returned to us within 30 days of your date of divorce or separation.

Provided we receive the new application form, and provided premiums continue to be paid up to date, we will continue to cover your insured ex-spouse or partner as before. If your exspouse or partner wants to continue with cover that is increased in any way in comparison to their previous cover, they will have to complete a new application form and this new application will be subject to medical underwriting.

# When a child dependant is no longer eligible to be covered under your policy

If one of **your** children has married, or has reached the age of 18 (or the age of 25 if they are in full time education) they will no longer be eligible to be included in **your** policy from the **renewal date** following their marriage/birthday.

However, **your** child may apply to continue their cover on their own policy, at the applicable adult **premium** rate, provided they send **us** their completed **application form** and **we** receive the appropriate **premium** within 30 days of **your renewal date**.

If they want to continue with cover that is increased in any way in comparison to their previous cover, they will have to complete a new **application form** and any enhancement in their cover will be subject to **medical underwriting**.

If we do not receive your child's application form and premium within 30 days of your renewal date, their cover will automatically cease from midnight on the day before your renewal date. If they subsequently wish to apply for cover, they will have to complete a new application form and this new application will be subject to medical underwriting.

# Changing your address, country of residence or country of nationality

You must inform us if you change your address and provide us with the new details.

If you change your country of residence or you change your country of nationality, you must tell us straight away.

If you have the Zone 2, 3, 4 or 5 coverage zone and you move to a country where cover is restricted, you must apply to change your coverage zone to another Zone. Your application will be subject to medical underwriting.

If you return to your country of nationality, you may continue to renew your policy provided that the local laws in your country of nationality permit us to offer you cover, and provided that we agree to offer cover in that country. We reserve the right to refuse to offer cover in certain countries.

# If the UK is or becomes your country of residence

Under the terms of this **agreement** cover is not available to **you** if the UK is or becomes **your country of residence**, irrespective of **your** nationality. If the UK becomes **your country of residence you** must tell **us. Your** cover will automatically terminate from the renewal date after **you** take up residence in the UK. However, **we** may be able to offer **you** continuation of cover under another William Russell policy.

# If Ireland or Switzerland is or becomes your country of residence

Under the terms of this **agreement** cover is not available to **you** if Ireland or Switzerland is or becomes **your country of residence**, irrespective of **your** nationality. If Ireland or Switzerland becomes **your country of residence you** must tell **us. Your** cover will automatically terminate from the renewal date after you take up residence in Ireland or Switzerland.

# If the USA, Iran, Libya, North Korea, South Sudan, Syria or Yemen is or becomes your country of residence

Under the terms of this **agreement** cover is not available to **you** if the United States of America, Iran, Libya, North Korea, South Sudan, Syria or Yemen is or becomes **your country of residence**, irrespective of **your** nationality. If one of these countries becomes your **country of residence you** must tell **us** and **your** cover will automatically terminate from the date on which **you** take up residence in that country.

We will refund any unused premium if we have cancelled your cover because the United States of America, Iran, Libya, North Korea, South Sudan, Syria or Yemen has become your country of residence.

## **Renewing your policy**

You may continue to renew your policy each year regardless of your age or state of health, or the number or value of claims you have made. We will not cancel your policy unless we are entitled to do so under our cancellation policy.

Prior to **your** policy **renewal date we** will send **you** an invoice by email stating **your premiums** for **your** new **policy year**.

Your premium for each new policy year will be determined by the following:

- your age at the start of your new policy year
- the ages of your eligible dependants at the start of their new policy year
- the number of eligible children you insure
- your plan
- your coverage zone
- your excess amount
- your country of residence

Other factors may affect your renewal premiums, such as general changes we make to our premiums annually, and changes to the discounts and loadings we apply to excesses, to the child premium discounts, and to the surcharge for instalment premiums.

We may also change the methods of payment we offer.

Your premiums may also be affected by the introduction of or increase to insurance premium tax or other tax, levy or charge applicable in your country of residence.

We may also change the benefits offered by your plan and/or your excess amount. If we do, we will write to you before your renewal date to confirm these benefit changes and/or change in excess amount. Any changes we make to your benefits or excess amount will come into effect from the renewal date of your policy.

From time to time, **we** may decide to discontinue the **plan you** are insured on and/or change the **excesses** available. If this happens, **we** will transfer **your** membership to a similar **plan**.

# Paying your renewal premium

You must pay your renewal premium on or before the premium due date.

If you pay your premium by credit or debit card or by direct debit, unless you tell us not to, and provided your credit or debit card details are current, we will withdraw your renewal premium on or around its due date.

If you do not pay your renewal premium within 30 days of the premium due date, we will cancel your policy from midnight on the day before your premium due date.

We may allow your cover to continue without you having to complete a new application form and health declaration if you pay the outstanding premium within 30 days of the premium due date. During this 30-day period we will not accept any claims for treatment incurred on or after the premium due date until you have paid the premium due. This also applies to treatment that we have already pre-authorised.

If you do not wish to renew your policy you must inform us in writing as soon as you receive your renewal premium invoice and prior to your renewal date.

# Discounts for children

When you have eligible dependant children included on your (the policyholder's) policy, we apply the following discounts:

- the discount for the oldest child insured on your policy is 0%
- the discount for each additional child insured on your policy is 5%

If your oldest child leaves your policy, we will recalculate the premiums for the remaining children with effect from the date on which the child leaves. This means that the premium you pay will always be based on the actual number of children you insure.

#### **Child-only policies**

A premium loading applies when you, as the policyholder, are not a member. In such cases, each child's premium will be increased by 20%.

# No-claim incentive, (applicable only to members whose date of entry was prior to 01 January 2007 and who qualify for the no-claim incentive at their renewal date in 2023)

If you are eligible for the no-claim incentive, it will be stated on your certificate of insurance together with the applicable terms & conditions.

# **Cancelling your policy**

If you wish to cancel your policy, or if you want to cancel cover for one of your dependants, you must instruct us in writing by letter or email. We will cancel cover from the date we receive your written instructions, or from a date in the future that you have specified. We will not cancel cover from a date prior to us receiving your written instruction to cancel.

If you are eligible for cashless access services, we will cancel your cover from the date on which we receive your returned membership card.

We will only make a refund in respect of unused premium if no claim has been made during the policy year. If a claim has been made by any member, no unused premium will be refunded in respect of that member.

# When we can cancel your policy

We have the right to cancel your policy immediately if:

- you do not pay your premium and other charges such as insurance premium tax within 30 days of any premium due date:
- you cease to be a member of the William Russell Association for Health, Financial Protection and Well-Being;
- you have not provided us with medical information we have requested to enable us to assess a claim or any potential claim that may arise in the future;
- you have not repaid to us fully any ineligible claim payments we have invoiced you with;
- you, any member or any person acting on your behalf has made any threatening or abusive comment, or used any unacceptable language towards us or any member of our staff, or any service provider acting on our behalf, whether verbally (including any telephone conversation) or in writing (including any electronic communication); or
- we reasonably suspect that any member has misled us or attempted to mislead us, whether intentionally or carelessly, either at the time of joining or when making a claim, by:
  - making a claim under this policy knowing it to be dishonest, intentionally exaggerated or fraudulent in any way;
  - providing us with incomplete or false information;
  - working with another party to provide false information to us;
     or
  - changing original documents.

If we cancel your policy for any of the above reasons we:

- · will not refund any premium you have paid to us;
- may also report the matter to the relevant authorities, if appropriate; or
- reserve the right to recover from you the costs of any fraudulent claims we have paid.

We have the right to cancel your policy from your renewal date if you move to a country where we are unable to offer continued

cover due to compliance, and/or legal reasons.

# When we may apply special terms to your policy

We have the right to apply special terms to your policy if you give us inaccurate or incomplete information. Such special terms will be applied from your date of entry.

# Your responsibilities as the policyholder

It is your responsibility to:

- ensure that all **premiums** are paid when they are due
- inform us if your personal details, or the personal details of any member, change
- · keep us advised of your current email address
- inform us if you change your address, country of residency or country of nationality

# Our liability under this policy

Our liability under this policy is limited to paying for treatment or services in respect of eligible claims under this policy. The choice of provider of the treatment or services for which you are claiming under this policy is your responsibility. We make no representations or recommendations regarding the availability and standard of any treatment or services offered or provided by any hospital or medical services provider. We will not be held liable to you or any member for any loss, harm or damage of any description resulting from lack of availability or from a defect in the quality of any treatment or service offered or provided by any hospital or medical services provider. This policy represents the whole and only agreement between you and the insurer relating to the provision of private medical insurance.

# **Limitations on actions**

The provisions relating to the statute of limitations on actions arising from the insurance contract are established by Articles L.114-1 - L.114-3 of the French Insurance Code indicated hereafter:

#### Article L. 114-1 of the French Insurance Code

All actions arising from an insurance contract are limited to two years after the incident giving rise thereto. However, this statute of limitations only applies:

1° In case of concealment, omission, false or inaccurate declaration of the risk involved, from the day on which the **insurer** had knowledge thereof;

2° In the event of a **claim** of damages, from the day on which the Parties involved became aware thereof, if they prove that they were unaware of it until then.

When the action of the Insured Party against the **Insurer** is due to the action of a third party, the statute of limitations only starts to run from the day on which the third party initiated legal proceedings against the Insured Party or was compensated by him.

The limitation is extended to ten years in life insurance contracts when the beneficiary is a person distinct from the policyholder and, in accident insurance contracts affecting people, when the beneficiaries are the beneficiaries of the deceased insured party.

For life insurance contracts, notwithstanding the provisions of Item 2, the actions of beneficiaries are limited to thirty years after the death of the Insured Party.

#### Article L. 114-2 of the French Insurance Code

The running of the statute of limitations is interrupted by one of the ordinary causes of interruption and by the appointment of experts following an incident. The interruption of the statute of limitations of the action can furthermore result from the sending of a registered letter with return receipt requested sent by the **Insurer** to the Insured Party regarding the action for the payment of the **premium** and by the Insured Party to the **Insurer** for the payment of the compensation.

#### Article L. 114-3 of the French Insurance Code

As an exception to article 2254 of the French Civil Code, the Parties to the insurance contract cannot, even by joint agreement, modify the duration of the statute of limitations, nor add to the causes of its suspension or interruption.

#### Additional information

The ordinary causes of interruption of the statute of limitations are mentioned in Article 2240 and in accordance with the Civil Code; among the latter include notably: the questioning of one of the joint debtors by a judicial action or by an act of compulsory execution or the acknowledgement by the debtor of the right of the person against whom he applied the statute of limitations. For the exhaustive list of the ordinary causes of interruption of the statute of limitations refer to the aforementioned articles of the Civil Code herein above.

# How to make a complaint

At William Russell, each one of **our members** is important to **us**. **We** believe that **you** have the right to professional customer service of the highest quality at all times. If you think **we** have fallen short of this standard, please follow the procedures outlined below.

If you are not happy with the service you have received, you may write to us at any time at the following address:

#### William Russell Europe SRL

Place Marcel Broodthaers, 8 1060 Saint-Gilles Brussels, Belgium

**Phone** +44 1276 486 455

Email contact@william-russell.com

We will acknowledge receipt of your complaint within 2 working days. We will investigate your complaint and send a response to you within 4 weeks of the receipt of your complaint. If we are unable to provide you with a final response within this time period, we will write to you advising you of when we will be able to respond. We will endeavour to send a final response to you within 8 weeks of the receipt of your complaint. If we are unable to provide you with a final response within this time period, we will write to you again explaining why and advising you of when you may expect a final response.

William Russell acts as mandated underwriter on behalf of the **insurer** of **your plan** in respect of policy administration and **claims** handling. If **your** complaint relates to a decision **we** have made on behalf of **our insurers** (e.g., a decision regarding a **claim you** have made), **you** can write to the **insurers** at any stage in the process.

#### **AWP Health & Life SA**

Customer Relationships Eurosquare, 2 7 rue Dora Maar 93400 Saint Ouen France

# Email client.care@allianzworldwidecare.com

AWP Health & Life SA is a signatory to the French Insurance Mediation charter. In the event of a persistent and definitive disagreement, the **policyholder** has the option, after the exhaustion of all domestic remedies referred to above, to call for the French Insurance Mediator without prejudice to possibilities of legal action.

#### La Médiation de l'assurance

TSA 50 110 75441 Paris Cedex 09 France

Web <u>mediation-assurance.org</u>

If your complaint relates to a service provided by William Russell Europe SRL and you have not received a response from us within 8 weeks of our receipt of your initial complaint, or you are dissatisfied with the final response you have received from us, you may write to the Financial Ombudsman Service in the UK or the Belgian Ombudsman des assurances.

#### **Financial Ombudsman Service**

Exchange Tower London E14 9SR, UK

Phone +44 (0)20 7964 0500

Email complaint.info@financial-ombudsman.org.uk

**Web** financial-ombudsman.org.uk

#### L'Ombudsman des assurances

Square de Meeûs, 35 1000 Brussels, Belgium

Phone +32 (0)2 547 58 71 Fax +32 (0)2 547 59 75

Email info@ombudsman-insurance.be ombudsman-insurance.be

# Arbitration and applicable law

All disputes arising out of or in connection with the present contract shall be finally settled under the Rules of Arbitration of the International Chamber of Commerce of Paris by one or more arbitrators appointed in accordance with the said rules, and shall take place in Paris. The arbitration shall be conducted in English and French law shall apply. A sole arbitrator shall be appointed by the International Chamber of Commerce of Paris unless the parties to the dispute agree otherwise.

# How we process your information

We think it is important for all our customers to be made aware of what information we, as a data controller, hold about them and to have the reassurance of knowing that we will process their personal information fairly and securely. The following statements refer to the personal information of yourself and all other members on your policy.

#### The information we collect

We collect information you give us as part of your application, and in correspondence with us by phone, email, post or other means of communication. This information may include sensitive personal information, such as details of your physical and mental health.

In addition, we may receive information about you from third parties, such as those who provide services on our behalf.

Failing to provide the personal information **we** require in order to underwrite and administer **your** policy, or to process **your claims**, could result in **your claims** being rejected or not being fully paid, or **your** policy being cancelled.

# How we use your personal information

We will only collect information that is necessary to provide you with the services we offer. These include:

- · Underwriting and administration of your policy
- Processing claims
- Our business processes, such as auditing, business planning, and accounting
- · Compliance with legal and regulatory obligations
- Research or statistical analysis to help us improve our services
- · Communicating with you

By taking out a policy with **us**, you agree to **us** processing **your** personal information and sensitive personal information for the above purposes.

#### Who we may share information with

We may disclose your personal information to selected third parties for the listed purposes above, including:

- · Our providers of payment services
- Organisations (such as regulatory authorities) with which we have a duty to disclose or share your personal information to comply with legal obligations
- · Providers of research, marketing, and analysis services
- · The insurers or reinsurers of your policy
- Our emergency Assistance Service providers
- · Your insurance adviser (if you have appointed one)

**Your** information may be disclosed to other parties (such as other insurance companies) with a view to preventing fraudulent or improper **claims**.

### **Processing claims**

In the event of a **claim**, **we** may have to give some information to those involved in **your treatment**, or to **your** representative (if **you** have chosen one). This will be done confidentially. Unless specifically instructed, correspondence about all **claims** (including those made by dependants) will be addressed to the **policyholder**. An insured dependant over the age of 16 has the right to confidentiality in relation to their **claims** and information. For them to exercise this right, they should contact customer services. If **you** have another insurance policy that covers the same costs that **you** are claiming from **us**, then **we** may also disclose **your** relevant personal information to that other **insurer** so **we** can ensure that **we** only pay **our** portion of the **claim** costs.

# How we keep, store, and dispose of your personal information

We hold your information in various forms, including electronic databases, computerised files, and paper files. Information may be held for a period after your policy ends with a view to preventing or detecting fraud, or as we are required to under Belgian, French or UK law. When we dispose of your information, we will do so securely. We may continue to keep non-personally identifiable information for the purposes of research and statistical analysis to improve the services we offer.

### Where we store your personal information

The information **we** collect from **you** may be transferred to and stored at a destination outside the European Economic Area (EEA). It may also be processed by staff operating outside of the EEA who work for **us** or for one of **our** suppliers. By submitting **your** personal information, **you** agree to this transfer, storing, and processing. **We** will take all steps necessary to ensure that **your** information is treated securely and in accordance with this data protection notice.

# **Marketing**

You have the right to ask us not to process your information for marketing purposes. We will always inform you (before collecting your information) if we intend to use your information for such purposes. You can withdraw your consent for us to use your information in this way at anytime by sending us an email at marketing@william-russell.com.

# Obtaining a copy of the information we hold about you

**You** have a right to request a copy of the information **we** hold about **you**. **You** also have a right to restrict or object to how **we** use **your** information, or to request that any inaccurate information be corrected. To exercise any of these rights, please contact:

#### **The Data Protection Officer**

William Russell Europe SRL Place Marcel Broodthaers, 8 1060 Saint-Gilles Brussels, Belgium

Phone +44 1276 486 455

Email contact@william-russell.com

Where information has been supplied by a **medical practitioner**, **you** should be aware that **we** need their consent before **we** can supply this to **you**, or alternatively **you** can request such information direct from the **medical practitioner**.

If you believe we are not processing your personal data in accordance with the law, you can complain to:

#### **The Data Protection Authority**

Rue de la Presse-Drukpersstraat, 35 1000 Brussels, Belgium

You can view our full privacy policy at william-russell.com/privacy.

# **Definitions**

This section explains what **we** mean by certain emboldened words and phrases bolded in this **agreement**.

#### Accident

A sudden, unexpected, unusual, specific, violent, external event which occurs at a single identifiable time and place independently of all other causes, which results directly, immediately and solely in physical bodily injury which results in a loss. In no event shall the contracting of any disease and/or illness (including, but not limited to, heart attack, stroke or cancer), nor the injection or ingestion of any substance, be considered an **accident**. An event which directly or indirectly exacerbates a previously existing physical bodily injury shall not be considered an **accident**.

#### **Acute medical condition**

A disease, injury or illness that is likely to respond quickly to **treatment** which aims to return **you** to the state of health **you** were in immediately before suffering the disease, illness or injury, or which leads to **your** full recovery.

## **Advanced imaging**

Diagnostic magnetic resonance imaging (MRI), computed tomography (CT), and positron emission tomography (PET).

#### Africa

Algeria, Angola, Ascension Island, Benin, Botswana, Burkina Faso, Burundi, Cameroon, Cape Verde, Central African Republic, Chad, Comoros, Democratic Republic of the Congo, Djibouti, Egypt, Equatorial Guinea, Eritrea, Ethiopia, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Ivory Coast, Kenya, Lesotho, Liberia, Libya, Madagascar, Malawi, Mali, Mauritania, Mauritius, Mayotte, Morocco, Mozambique, Namibia, Niger, Nigeria, Republic of the Congo, Reunion, Rwanda, Saint Helena, Sao Tome and Principe, Senegal, Seychelles, Sierra Leone, Somalia, South Africa, South Sudan, Sudan, Swaziland, Tanzania, Togo, Tunisia, Uganda, Western Sahara, Zambia and Zimbabwe.

# Agreement

The contents of this document, read in conjunction with your completed and signed application form and your certificate of insurance. Together, these items make up your agreement and determine the terms and conditions of your cover under the master policy.

# **Application or application form**

The application form you have completed and signed on behalf of yourself and on behalf of any eligible dependants for whom cover is requested. Please note that on some occasions an alternative form such as a health declaration or an upgrade form may be required to be completed instead of a full application form. We will advise you when this is the case. The alternative form will then be classed as the application or application form for the purpose of this agreement. Information on previously completed application forms, if applicable, may also be used by us for underwriting and claims assessment reasons.

#### Artificial life maintenance

When **you** require medical equipment that assists or replaces important bodily functions, including mechanical ventilation, percutaneous endoscopic gastronomy (PEG), and nasal feeding.

#### **Assistance Service**

The emergency assistance company contracted by **us** to provide assistance services to a **member** at the time of a **claim**. The contact details for the **Assistance Service** can be found at the beginning of this **agreement**.

# **Assisted reproduction**

The use of medical techniques, including, but not limited to, invitro fertilisation (IVF) with or without intra-cytoblastic sperm injection (ICSI), gamete intra-fallopian transfer (GIFT), zygote intra-fallopian transfer (ZIFT), egg donation and intra-uterine insemination (IUI) with ovulation induction, received during the 3-month period prior to conception.

#### Caribbean countries and islands

All countries in the Caribbean region: Anguilla, Antigua and Barbuda, Aruba, Barbados, British Virgin Islands, Cayman Islands, Cuba, Curacao, Dominica, Dominican Republic, Grenada, Guadeloupe, Haiti, Jamaica, Martinique, Monserrat, Netherlands Antilles, Saint Barthelemy, Saint Kitts and Nevis, Saint Lucia, Saint Martin, Saint Vincent and the Grenadines, Sint Maarten, Trinidad and Tobago, Turks and Caicos Islands, and the US Virgin Islands.

#### Cashless access medical services provider

A hospital, outpatient clinic or doctor with whom we hold a current cashless access agreement.

## **Certificate of insurance**

The confirmation of your insurance cover issued by us. It confirms the plan you have bought, the currency you selected, your coverage zone, policy year, date of entry, renewal date, excess amount, special terms, your country of residence, your country of nationality, and the schedule of members. The schedule of members lists the members insured by us under your agreement with us. If there are any changes to the details on your certificate of insurance we will issue you with a new one confirming the changes.

#### **Chronic condition**

A disease, illness or injury that has one or more of the following characteristics:

- it needs ongoing or long-term monitoring through consultations, examinations, check-ups and/or tests
- it needs ongoing or long-term control or relief of symptoms
- you need to be rehabilitated or specially trained to cope with it
- · it continues indefinitely
- it has no known cure
- · it comes back or is likely to come back

#### Claim

A course of **treatment** for a specific illness, injury, medical condition, dental condition or pregnancy, or the use of a benefit in the *Expat benefits* section of the **table of benefits**.

# **Close family member**

Your spouse, civil or co-habiting partner, parent, brother, sister, child or grandchild.

#### Co-insurance

A contribution that **you** must make towards the eligible costs of **your claim**.

# **Complications of pregnancy**

Treatment received for a medical condition which arises because of the antenatal or postnatal stages of pregnancy.

# **Congenital condition**

Whether hereditary or not, any abnormality, deformity, disease, illness or injury present at birth, whether diagnosed or not, or any deformity arising during the antenatal stages of pregnancy, or caused during childbirth.

# **Country of nationality**

Your country of origin, for which you hold a passport. If you hold more than one passport your country of nationality will be the country you have declared on your application form.

# **Country of residence**

The country in which you are habitually resident, as specified on your application form or subsequently advised to us in writing. Your country of residence is a factor when we calculate the premium you pay for your cover. If you regularly have your treatment in a country which is not your declared country of residence, we reserve the right to use the country where you regularly have your treatment as your country of residence when we calculate your renewal premium.

## Coverage zone

The territorial limits of your policy.

#### Date of entry

The date on which cover for you, and each of your dependants, first commenced. Your date of entry is as stated on your certificate of insurance.

#### **Daypatient**

A patient admitted to a **hospital** or **daypatient** unit for a medical procedure which for medical reasons could not have been performed on an **outpatient** basis and which requires them to occupy a **hospital** bed for a period of medically supervised recovery, but it is not **medically necessary** for them to occupy a bed overnight.

#### **Dental treatment**

Dental procedures undertaken by **your dental practitioner** which are clinically necessary for the maintenance and/or restoration of oral health, and are provided in accordance with accepted standards of dental practice.

# **Dentist or dental practitioner**

A qualified person legally carrying out this profession in the country in which he or she is located.

#### **Doctor**

A doctor who is legally qualified in medical practice following attendance at a recognised medical school (as listed in the World Directory of Medical Schools as published from time to time by the World Health Organisation) to provide medical **treatment** and who is licensed to practise medicine in the country where the **treatment** is received.

#### Eligible dependants

Your spouse or partner, provided they are under age 76 at their date of entry, and your unmarried children (i.e., your son, daughter, step-son, step-daughter, adopted children and children subject to legal guardianship) provided the unmarried children are aged less than 18 years old, or less than 25 years old if in continuous full-time education. If a child is adopted or the subject of legal guardianship we may require proof. We may also require proof of a dependant child being in full time education.

#### **Emergency caesarean section**

A caesarean section, which must take place immediately and cannot be planned.

#### **Emergency treatment**

Essential **treatment**, covered by **your plan**, that is immediately required if **you** suffer an **accident** or a sudden and unforeseen illness **you** have never suffered from before, which is not a **pre-existing medical condition**, or a **related condition**, or a condition for which **you** have a **personal medical exclusion**.

#### **Excess**

The amount stated as the excess in your certificate of insurance, being the amount you must contribute to each claim.

# **Experimental drugs and treatments**

Any **treatment** that independent, randomised clinical trials have not—in reputable, peer-reviewed studies in medical/scientific journals—established as having clear benefits over existing, conventional **treatments**.

# Hospital

An establishment which is legally licensed as a medical or surgical **hospital** under the laws of the country in which it is situated.

### **Imaging tests**

Investigations, such as x-rays or blood tests to diagnose the cause of **your** symptoms.

#### **Indian Subcontinent**

Bangladesh, India, Pakistan and Sri Lanka

### **Innocent bystander**

Someone who is not involved with, participating in or reporting on war, acts of foreign enemy hostilities (whether or not war is declared), civil war, rebellion, revolution, insurrection or military or usurped power, mutiny, riot, strike, martial law or state of siege, or attempted overthrow of government, or any acts of terrorism, or actively participating in operations countering any such activities.

**Inpatient** 

A patient who is admitted to **hospital** and who occupies a bed overnight or longer for medical reasons.

Insurer

The insurance company that provides the insurance cover for **your** policy. The **insurer** is Allianz (AWP Health & Life SA).

# Life-threatening condition

A critical medical condition covered by **your plan**, which in the opinion of the **Assistance Service** constitutes a life-threatening situation which requires immediate **inpatient treatment**.

#### London area

Any address in the United Kingdom within the E, EC, N, NW, SE, SW, W or WC postcode areas.

### **Master policy**

The contract of insurance issued by us to the William Russell Association for Health, Financial Protection and Well-Being, for the benefit of its members.

# **Medically necessary**

**Treatment** that is **medically necessary** and appropriate. The **treatment** must be:

- essential to diagnose or treat a patient's condition, illness or injury;
- consistent with the patient's symptoms, diagnosis or treatment of the underlying condition;
- in accordance with generally accepted medical practice and professional standards of medical care at the time;
- required for reasons other than the comfort or convenience of the patient or his or her physician
- proven and been demonstrated to have medical value, with international medical and scientific evidence of the effectiveness and safety of the treatment;
- considered to be the most appropriate type and level of treatment taking patient safety and cost effectiveness into consideration;
- provided at an appropriate facility, in an appropriate setting, and at an appropriate level of care for the treatment of the patient's medical condition;
- · provided only for an appropriate duration of time.

# **Medical practitioner**

A person who has full registration under the Medical Acts of the country where they practice and who specialises in nursing, homeopathy, acupuncture, orthopaedic medicine, traditional Chinese medicine, osteopathy, chiropractic, chiropody, podiatry or physiotherapy **treatment**, and to whom **you** have been referred by a **doctor**.

### Medical referral letter

A letter from **your doctor** or **specialist** which refers **you** to another **medical practitioner** for **treatment** covered by **your plan**. **We** 

will only pay for **treatment** when the start date of **your treatment** is within 3 months of the date of **your medical referral letter**.

# Medical services provider(s)

A hospital, outpatient clinic, medical practitioner, dental practitioner, optician or pharmacy.

## **Medical underwriting**

The process of **you** providing and **us** assessing the health and medical information **we** ask for to decide the terms under which **we** will accept **your application** for cover, or for increased cover. Based on the information **you** give **us**, **we** may decide to place **special terms** on **your** cover, such as **personal medical exclusions**, or **we** may decide not to offer **you** cover.

#### Member

You and any eligible dependants specified in your certificate of insurance as being included on the policy.

#### **Outpatient**

A patient who attends a **hospital** consulting room, emergency room or **outpatient** clinic, when it is not **medically necessary** for them to be admitted as a **daypatient** or an **inpatient**.

# **Outpatient surgical procedure**

An **outpatient** procedure where one or more of the following is **medically necessary**:

- · general or local anaesthesia or intravenous sedation
- manipulation or relocation of a fractured bone or dislocated joint by a doctor
- invasive surgical procedures
- · invasive diagnostic procedures involving venous cannulation
- · the use of endoscopic equipment

#### Palliative care

The care that takes place when all other active modalities of treatment for your medical condition have been withdrawn, and treatment is not longer aimed at curing your condition. The aim of such care is to prevent and relieve suffering through the correct assessment and treatment of pain and other problems, whether physical, psychosocial, or spiritual.

#### Personal medical exclusions

A restriction on **your** cover that is stated on **your certificate of insurance** and specifically excludes **treatment** of a certain medical condition or conditions and any **related conditions**.

# Plan

The Bronze plan, Silver*Lite* plan, Silver plan, or Gold plan on which you and your eligible dependants are covered.

#### Planned caesarean section

A caesarean section which has been scheduled to take place more than 24 hours in advance, whether this be for medical or elective reasons.

# **Policy year**

A period of 12 months from your date of entry or from any subsequent renewal date. Your policy year is as shown on your certificate of insurance.

# **Policyholder**

The person stated as the **policyholder** on the **certificate of insurance**.

# Post-hospital treatment

Medically necessary follow-up consultations, physiotherapy, imaging tests and/or treatment required on an outpatient basis following inpatient or daypatient treatment covered by your plan.

#### **Pre-admission tests**

An **outpatient** assessment during which **your** health is assessed in order to confirm that **you** are medically fit to undergo the planned **treatment** and that **you** are sufficiently prepared for it. The assessment may include an electrocardiogram, blood and/or urine tests and a chest x-ray.

# **Pre-existing medical conditions**

Any disease, illness or injury, whether the condition has been diagnosed or not before **your date of entry**, for which:

- you have received medication, advice or treatment; or
- · you have experienced symptoms

#### **Premium**

The amount(s) **you** are required to pay to **us** either annually, half-yearly, quarterly or monthly for **your** policy.

#### Premium due date

The date on which your premium is due to be paid.

#### Preventive health checks

Health tests, screening and/or clinical procedures specifically designed for disease prevention and early detection.

# **Qualified nurse**

A nurse whose name is currently on any official register of nurses maintained by a statutory nursing registration body within the country where **treatment** is provided.

## Reasonable and customary

The charge that would typically be made for your treatment by medical services providers in the country where you receive your treatment, and for the medically necessary length of stay required. If the cost of your treatment is not reasonable and customary, we will only pay up to the amount which is typically charged in that country. If the length of stay is not reasonable and customary, we will only pay for the medically necessary length of stay required.

## Rehabilitation

**Treatment** in the form of a combination of therapies such as physical, occupational and speech therapy aimed at restoring full function after an acute event such as a stroke.

# Rehabilitation hospital or unit

A medical facility licensed under the regulations of the country in which it operates and designed for patients who no longer need acute **hospital** care but who still require medical or nursing supervision and/or assistance with activities of daily living because of their medical disability.

#### Related condition

Any disease, illness or injury that is caused by a **pre-existing medical condition** or results from the same underlying cause as a **pre-existing medical condition**.

#### Renewal date

The anniversary date of **your** policy as shown on **your certificate of insurance**, normally the anniversary of **your** original **date of entry** to the policy.

#### **Session**

A single continuous consultation during which time **you** may receive advice, **treatment** and/or prescribed medication.

# Specialist

A medical practitioner who is fully registered by the regulatory body of the country in which he or she practices following attendance at a recognised medical school (as listed in the World Directory of Medical Schools as published from time to time by the World Health Organisation). They must be on a specialist register appropriate for the condition for which treatment is sought. Where regulation demands, the medical practitioner must also have a licence to practice. We reserve the right to withhold or remove recognition of any specialist for reasons such as suspension of registration, fraud or unreasonable charges.

### **Special terms**

Any personal medical exclusions, restrictions or premium adjustments we may apply to your policy. Any special terms relating to your policy will appear on your certificate of insurance.

# **Table of benefits**

The table in this **agreement** that sets out the benefits covered by each **plan**.

# Temporary trip

A trip for business and/or recreational purposes, which has a defined return date, and is for a period of no more than 90 days. If your trip, treatment extends beyond the end your specified option, your cover will cease at the end of the term defined in your USA cover option wording. For example, if you have selected the USA-45 option and you are on a 30-day trip to the United States of America, which becomes extended to 60 days, your cover in the United States of America will cease 45 days after your date of entry to the United States of America.

#### **Terminal medical condition**

A condition that has become incurable and all the **treatments** given are to prolong life.

## **Treatment**

Surgical or medical services (including **imaging tests**) that are needed to diagnose, relieve or cure a disease, illness or injury.

# **Unused premium**

The amount of **premium** that is attributable to the period from the date after the date of cancellation, up to the date before the next **premium due date**.

In the event of a refund of **unused premium** being eligible, the **unused premium** amount refunded (using an annually-paid policy as an example) will be the annual **premium** paid divided by 12 and multiplied by the number of whole calendar months remaining in the **policy year**. If the policy is cancelled part way through a month, an additional amount, equal to one twelfth of the annual **premium** paid, multiplied by the proportion of days without cover in the calendar month of cancellation will also be paid.

For example, if the annual **premium** for a member is US\$3,000, the **policy year** is 01 January 2024 to 31 December 2024, and the member leaves the policy on 27 September 2024, the **unused premium** will be US\$775, as:

- (US\$3,000 / 12) x 3 = US\$750 for the three whole months without cover (October, November, and December); added to
- (US\$3,000 / 12) x 0.1 = US\$25 for the three days in September without cover (the 0.1 calculated in this example by dividing 3 [the days in September without cover, i.e., the 28, 29, and 30] by the total number of days in September [30])

Appropriate calculation methods using the same principle as the above example will be used if the **premium** frequency is not annual.

## Us, we, our

William Russell Europe SRL on behalf of the insurer.

## Vegetative state

A state where there is no sign of awareness or any cognitive function, even if the person can open their eyes and/or breathe unaided. If the person is in a **vegetative state** for a continuous period of eight weeks, they will be considered to be in a persistent **vegetative state**.

# Waiting period

When specified, the amount of time **you** must be covered by the same **plan** before **you** can **claim** for that benefit. No benefit is payable for any **treatment** costs incurred during the **waiting period**. When a **waiting period** is not specified there is no **waiting period** applicable.

# William Russell Association for Health, Financial Protection and Wellbeing (WRA)

The not-for-profit association registered in Belgium as the William Russell Association for Health, Financial Protection and Well-Being.

# You, your, yourself

Any and all persons named in the schedule of members on your certificate of insurance.



# We're here to help







Visit william-russell.com



William Russell Europe SRL is registered at Place Marcel Broodthaers 8, B-1060 Saint-Gilles, Brussels and is registered in Belgium with the Financial Services & Markets Authority (no. 0731.975.658 RPM) as a limited liability company with share capital of €30,000. William Russell Europe SRL is a mandated underwriter for AWP Health & Life SA. The UK branch of William Russell Europe SRL is registered at William Russell House, The Square, Lightwater, Surrey, GU18 5SS, UK. The UK branch is authorised & regulated by the Financial Conduct Authority (FCA), reference no. 973067.

